

ALLEY SG – March 21st- 22nd, 2026

Bible Story: Mary and Martha • *Luke 10:38-42*

Conversation Starter: How can you make time for Jesus?

Monthly Memory Verse: *Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves.* • *Philippians 2:3 NIV*

1. Take a Snapshot

Application Activity

What You Need: “My Week” Activity Page (one per kid), Pens

What You Do:

- Give each kid a page from the “My Week” Activity Page and a pen.
- Instruct them to fill in their typical weekly schedule. Encourage them to write down things like school, sports practice, homework, chores, and screen time.
- Once the kids have their busy week filled in, invite them to look for the empty spaces.
- Challenge them to find specific times this week where they can intentionally “make time for Jesus.”
- Instruct them to write “Time with Jesus” in some of the empty slots on their calendar.
- Invite them to share what time they chose and what they plan to do during that time (e.g., pray, read a devotional, listen to worship music).
- **Say,** “It’s easy for our schedules to fill up, isn’t it? If we aren’t intentional, time with Jesus can get squeezed out. Martha spent time being busy making everything wonderful for Jesus’ visit. She was doing good things, but Jesus told Martha that Mary had chosen what was better. Mary spent time sitting at the feet of Jesus and listened to Him.

2. Bible Story Extension

Bible Story Review

What You Need: Bible, Small whiteboard and dry-erase marker (a couple per bin)

What You Do:

- Read Luke 10:38-42 out loud to the group.
- Tell the group you’re going to play a version of *Pictionary* to review the story, but upside down.
- Divide into two teams.
- Instruct one kid from the first team to sit across from the other team. Give them a large pad of paper and writing utensil, or a handheld whiteboard with a dry-erase marker and a dry-erase eraser.
- Whisper one of the following prompts to them:
 - Mary sitting at Jesus’ feet.
 - Martha cooking food.
 - Martha feeling worried and upset.
 - Jesus talking to Martha.

- That person has one minute to draw the scene for the other team to guess. (The scene should face the person drawing, but look upside down for the team guessing.)
- Alternate teams until all the prompts are drawn.
- **Say:** “This is a good reminder for us all. Are we letting our ‘busyness’ get in the way of being with Jesus? We can get busy with good things like Martha. We can get busy with practice, homework, friends, shows, and even chores. Those are all good things to do, but let’s remember to do what Jesus said is most important and **make time for Jesus first.**”

3. Discussion Questions

- Martha was busy serving, and Mary chose to sit and listen to Jesus. Why do you think Jesus said that Mary had chosen “what is better”?
- It’s easy to get caught up in doing good things and forget about God. What are some ways your day can get so busy that you forget to spend time with Jesus?
- How could making time for Jesus first actually help you do other things better?
- Mary didn’t have to do anything to earn Jesus’ attention—she just chose to be with Him. How does that show the way God wants us to connect with Him?
- Jesus is always with us, even when we are busy. What are some small ways you could acknowledge Jesus’ presence with you—at school, at home, or with friends?

4. Verses to Take with You

Memory Verse Activity

What You Need: Bibles, “The Color of Humility” Activity Page (one per kid), fine-tip markers

What You Do:

- Give every kid a Bible.
- Invite them to look up Philippians 2:3,
- Read the Memory Verse together out loud several times.
- Give every kid a “The Color of Humility” Activity Page and make the markers available.
- Explain that this is like an “adult” coloring page, with more intricate designs. They can take their time to color it.
- This activity is meant to be calm and reflective, giving them space to think about the words of the verse.
- **Say:** “This is a great verse about humility. It reminds us to think about others more than ourselves. It seems ‘upside down,’ but it’s exactly what Jesus did. And when we think about it, making time for Jesus is an act of humility too. It’s saying that Jesus is more important than all the other things we could be doing. It’s how we show that only one thing is needed—to **make time for Jesus first.**”

AT THE 5- MINUTE CALL: PRAY

- Ask, “Does anyone have any prayer requests or things they want to thank God for from this week? *(Let the kids share their prayer requests and praises)*”
- “God, thank You for the story of Mary and Martha. It’s such a good reminder for us. We get so busy doing so many different things, and sometimes we forget that being with You is the most important thing. Please help us this week to find time to be with You. Help us to choose what is better. We love You, and we pray these things in Jesus’ name. Amen.”
- Remind the kids that when they leave, their parents should get a text message on their phones telling them what we learned this week. AND they will get a link to an activity they can do at home and bring back to the City for a PRIZE!

PARENT PICK UP POINT: As adults arrive, ask the kids to tell them one way they can make time for Jesus this week.