

October Week 4

3-K  
Super Kids

October 25-26

# CRAFT WEEK 4

## *Abigail Helps Others*

### SUPPLIES:

Story page, Abigail sticker, sheep sticker, food stickers, crayons

### What You DO and SAY:

⇒ **Review the memory verse.**

- *"Hello, everyone! Come sit at the table with me and let's make some story art to help us remember how super Abigail was!"*

⇒ **Give each child a story page, a sheep sticker, an Abigail sticker, and a food sticker. Encourage them to color the story page and stick the stickers to the page.**

- *"On your paper is David (Point) and Nabal. (Point.) Color them in. (Pause.) Great! Nabal had lots of sheep, so let's put a sheep sticker by his side (Point to Nabal's side.) (Pause.) Super job! Now, who do you think this is? (Hold up the sticker of Abigail.) It's Abigail! That's right! Abigail is standing with a donkey. Can you color this picture? (Pause.) Super! Now, Abigail put some things on the donkey's back and went to see David. Do you remember what it was? (Pause for response.) Food! You got it! Put some food stickers on the donkey's back. (Pause.) Now let's stick Abigail to your big picture in between David and Nabal. (Pause.) Great job! Your story picture is complete!"*

⇒ **Review the story and bring it back to the Bottom Line**

- *"Abigail and her husband Nabal had a lot of sheep. Point to Nabal and his sheep. (Pause.) One day, Nabal's shepherds brought all of those sheep to where David and his men were. Point to David. (Pause.) David and his men protected the sheep and shepherds so nothing bad would happen to them. After that, David sent a few men to ask Nabal for some food, but Nabal said no! This made David very upset. Very mad! Very angry! When Abigail heard what happened, she knew that if she didn't do something to help, a lot of people would get hurt. So Abigail needed to be brave and help! She grabbed a lot of food and drinks and put it on some donkeys to carry to David and his men. Point to Abigail and the donkey with the food on his back. (Pause.) Abigail told David the food and drinks were a gift for him and his men. They took the food and said, 'Thank God for you and for your help.' Hooray for Abigail!" Abigail helped a LOT of people because she was brave! We can be brave and help others, too.*
- **"Who can help you be brave?"**
- **"God can help me be brave!"**

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# **ACTIVITY #1**

## *Delivering Food*

**SUPPLIES:** Paper Plates, toy food, two plastic bins

### **What You DO and SAY:**

- ⇒ **Gather the children for the game and set out one bin full of toy food and one empty bin on opposite sides of the room.**
- *"Friends, I loved our Bible Story today. I loved how Abigail delivered the food to David and his men. I think we should play a game, delivering food too."*
- ⇒ **Give each child a plate and have them line up by the bin of toy food. Encourage the children to put some food on their plate and carry it to the empty bin.**
- *"Come line up at this bin right here. (Point to the full bin.) Everyone, pick one plate and put a piece of food on it. Now, try to walk from here to the other bin without dropping the food. (Pause.) If your food falls off your plate, it's okay, pick it up and put it back on your plate, and keep going. When you get to the other side, put your plate and food into that bin over there. (Pause.) Hooray! Everyone made it across the room with their food. Let's try it again, but this time we'll walk to that side of the room. Ready? Go! (Repeat as desired.) That was fun, but it wasn't easy. That food sometimes just rolled off the plate! But you did it!"*
- ⇒ **Bring it back to the Bottom Line.**
- *"I bet it wasn't easy when Abigail delivered the food in our Bible Story either. I bet she was afraid because David was so upset. But she did it because God helped her be brave. God can help you be brave, too! Who can help you be brave?"*
  - **Who can help you be brave?**
  - **God can help me be brave!"**

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## ACTIVITY #2

### *Make a Face*

**SUPPLIES:** Foam cube with emotions cards in sleeves

### What You DO and SAY:

⇒ **Invite children to gather to get ready to play the game.**

- *"Friends, come sit on the floor in a circle with me. There are six different faces on this cube: (turn to each face when you name it) happy face, sad face, surprised face, excited face, angry face, and a laughing face. We're going to pass it around and take turns rolling it. I want you to look at the face it stops on, then lead our friends to make the same face."*

⇒ **Invite children to roll the cube and do the action on the card. After they've done the action, ask them the big question.**

- *"Ready? [Child's name], You can roll it first! (Roll the cube.) Make the same face you see. (Pause.) Whoa! That's a [emotion] face! Everybody make the same face that [child's name] is making. (Pause.) Great job! Can we be brave when we are [emotion]? (Pause.) Yes! Now tell me: **Who can help you be brave? God can help me be brave!** Let's let someone else roll it this time. (Repeat as desired, reviewing the bottom line after each roll.) God can help you be brave no matter what you're feeling!"*

⇒ **Complete the activity and then Bring it Back to Jesus.**

- *"Awesome job, friends! That was fun!"*
- ***"Who can help you be brave?"***
- ***"God can help me be brave!"***

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## ACTIVITY #3

### *Super Kid Flyover*

**SUPPLIES:** None, Optional: use scarves as capes

#### What You DO and SAY:

- ⇒ **This activity can be done from spots at the table or spaced out in the center of the room.**
  - *"Friends, come over here and let's do the motions as we say our Memory Verse. Ready? **'Be strong and courageous. (Muscle arms) Do not be afraid . . . (Cross and uncross hands) for the Lord your God (Flat hand with thumb to forehead, pull down) goes with you,'** (March in place) **Deuteronomy 31:6.** (Open hands like a book.) Fantastic! Everyone, go stand against that wall. I have a fun game where we get to practice our memory verse AND be brave super kids, just like David! When I say your name, you get to fly to me like a superhero!"*
- ⇒ **Do memory verse all together in a variety of ways.**
  - *"Let's say our verse together! When I call your name, be brave and fly over like a superhero! 'Be strong and courageous... for the Lord your God goes with you,' [Child's name]! Fly like a superhero [Child's name]! (Pause.) Great job! Let's do that again and bring another super kid over! (Continue with each child.) Look at all our super brave super kids!" (Repeat as desired.)*
- ⇒ **Complete the activity and Bring it Back to the Bottom Line.**
  - *"Nice work, my Super friends!*
  - ***Who can help you be brave?***
  - ***God can help me be brave!"***

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## READ, REVIEW, CONNECT IT, & PRAY OCTOBER WEEK 4

### PASS OUT MOON SAND

#### READ

- *Words to Love By* by Rick Warren

#### REVIEW *(You may choose to pass out stickers as kids answer!)*

⇒ Key Question and Bottom Line

- ***Who can help you be brave?***
- ***God can help me be brave!***

⇒ Memory Verse

- ***“Be strong and courageous. Do not be afraid... for the Lord your God goes with you.” Deuteronomy 31:6***

### CONNECT IT AND PRAY

⇒ “Abigail helped a lot of people when she took food and drinks to David and his men. Let’s make a list of things we can do to help others. When I say your name, tell me **one thing you can do to help others.**

- *Write each child’s name on the weekly question strip/board/paper.*

⇒ Let’s use our list when we pray...

⇒ Let’s fold our hands and bow our heads and **pray**:

- *“Dear God, Thank You for making us to help others, like You help others. That is SUPER cool! Please help us be brave and do things like (Read the list the children made). Sometimes it’s hard to be brave and help others, but we know You are always with us and can help us be brave! We love You, God! In Jesus’ name. Amen.”*