

ALLEY SG – September 13 - 14, 2025

Bible Story: Joshua and the Spies • *Numbers 13–14*

Conversation Starter: When is it hard to trust God?

Bottom Line: God can give you courage when others are afraid.

Monthly Memory Verse: *When I'm afraid, I put my trust in you.* Psalm 56:3 (NIRV)

1. Take a Snapshot

What You Need: “My Journey” Activity Page (one per kid), coloring supplies, pens

What You Do:

- Give each kid a “My Journey” Activity Page and a pen.
- Set out the coloring supplies.
- Walk through the page one prompt at a time.
 - Mountain: Think about a challenge you’ve faced that felt hard—something that felt too big to face alone. Write about it or draw a picture in this box.
 - Bridge: Think of a time you did something brave and knew God was with you and was helping you. Use this box to praise God for being with you and giving you courage!
 - River: What’s something coming up where you need to ask God for courage? Maybe you’re trying out for a new sport, or you want to stand up for a friend being picked on. Ask God for help in this box.
- Fill out a “My Journey” Activity Page with the kids.
- Give the kids time between each prompt to process and reflect.
- Once everyone is finished discuss their “My Journey” Activity Page together.
- Point out 2 Timothy 1:7 on the Activity Page.
 - Ask: What do you think this verse is saying?
 - “Whenever you feel fear, that fear is **not** from God! It’s like a shadow trying to dim your light. God Himself lives inside you through His Spirit, and He gives us power and love!”
 - “God’s Spirit gives you power. The kind of strength you need to do what’s right, even when it’s hard.
 - God’s Spirit gives you love. The kind of love you need to care about others and put others first.
 - God’s Spirit gives you self-control. The kind of wisdom you need to know when to take the brave step, and when to wait.”
- Explain that when someone chooses to follow Jesus, God sends the Holy Spirit to live in them, so they can be closer to God, and help them be more like Jesus.
- Encourage kids that God knew life would be scary at times, but He is with them all of the time and can help them be brave, no matter what they’re up against.

2. Bible Story Extension

What You Need: No supplies needed

What You Do:

- Ask:
 - Why do you think Joshua and Caleb were brave when almost everyone else was scared?
- Read the scenarios from the story about Joshua and the spies that have two possible choices.
- Tell the kids to give their most honest answer of what they would do and stand or sit.” (Stand for A, and sit for B.)
- Read each scenario twice and give kids a chance to respond.
- After each round, ask a few kids why they made their choice and thank them for sharing.
- Continue until all the scenarios have been read.
- Tell the kids that we won’t always want to do what’s right. But the right thing is always the choice that God would want us to make.
 - Whether it’s standing up for a friend or walking away from a group of people gossiping, God can give them courage when others are afraid to do the right thing.
- Encourage the kids that just like Joshua and Caleb, God is with them and can help them be brave. Even if everyone around them is afraid, nervous, or doing the wrong thing, Jesus is with them, and the Holy Spirit can fill them with the courage they need!
- Ask:
 - Was there ever a time you had to be brave when everyone else was not?

Story Scenarios:

You hear rumors about giants in the land.

- A. Focus on God and the truth that He is with you.
- B. Focus on the giants and start to panic.

Your friends start saying: “There’s no way we can do this.”

- A. Speak up and remind them that God is with us, He is the strongest, and He can help us be brave enough to do hard things.
- B. Stay silent because you’re afraid of standing out.

You notice how good the land is—just like God said!

- A. Celebrate and tell everyone the good news.
- B. Worry about all the challenges ahead.

Most of the people want to quit and go back to what’s easy.

- A. Trust that following God is always better, even if it’s hard.
- B. Agree with the crowd because it’s safer.

3. Discussion Questions

- What are people afraid of?
- Why do you think most of the spies were too afraid to move forward, even though God had promised them the land?
- Can you recall a time you believed something was possible when others were afraid or unsure?
- What's something you feel nervous about or unsure you can do?
- How can remembering that God is the strongest help you face what you are facing?

4. Verses to Take with You

What You Need: Bible, plain paper, and pens

What You Do:

- Open the Bible and read Psalm 56:3 to the group.
- Repeat the verse together several times.
- Divide the group into teams of 3-4 kids.
- Give each group a piece of paper and a pen.
- Explain the challenge:
 - "Your group's challenge is to work together to create a song or rap using Psalm 56:3. You can add claps, dance moves, or whatever helps you remember the verse in your own style!"
- After the teams are finished, gather the entire group and let them share their song or rap.
- **Ask:**
 - When is a time you might need to remember this verse?
- Encourage the kids to keep practicing Psalm 56:3 at home! Whether they're feeling nervous or trying something new, this verse reminds us that we can ALWAYS put our trust in God.

AT THE 5- MINUTE CALL:

PRAY

- Ask, "Does anyone have any prayer requests or things they want to thank God for from this week? (*Let the kids share their prayer requests and praises*)"
- "Dear God, thank You for each of my friends here today. (*Name each kid in your group and pray a sentence prayer for each one as the Holy Spirit leads you.*) Fill us with courage! You, God, are bigger than anything we face! That means You are bigger than any fear. Help us believe that You are the biggest! Give us courage to do and say what's right and stand up for what You would even when other people are afraid. We love You, and we pray these things in Jesus' name. Amen."

PARENT PICK UP POINT: As adults arrive to pick up, encourage the kids to share this month's Memory Verse, Psalm 56:3, and why it matters!