

City LG – October 26-27, 2024

Today's Bible Story: Too Much (Too Much of a Good Thing) • *Proverbs 25:16*

Today's Bottom Line: Know when to stop.

Monthly Memory Verse: *God's power has given us everything we need to lead a godly life.* 2 Peter 1:3a (NIRV)

Monthly Virtue: Self-control—Choosing to do what's best even when you don't want to

LG SUPPLY: Face Off Game Sheet

WORSHIP

Believe It

Unshakeable

SLIDE: Theme

Hello, everyone! I'm so glad to see all of your smiling faces. It's a great month here in The City as we find out how God can help us choose what's best.

To start us off today . . . are you ready for some game show fun? (*Pause for response.*) Well, get up on your feet and get ready to play 'Face Off!'

SLIDE: "Face Off!"

In this game, I'll ask a question, and there will be two possible answers. Depending on the answer you choose, you'll turn to face one wall or the other. Easy, right? Okay, let's get started!"

Read the questions and answers from the "Face Off!" Game Sheet. For example . . .

What do bees make? If you think they make maple syrup, turn this way. (*Point one direction.*) If you think they make honey, turn THIS way. (*Point the other direction.*)

The answer is . . . honey. If you got it right, let me hear you buzz like a bee!

Go through as many of the game questions as you have time for. Give the kids a different fun action to do each time if they got the question right (as noted on the sheet).

SLIDE: Theme

So, today's bible story isn't so much a story, but more of a wise idea of how we can choose what's best.

We can find this idea here in the Bible, in the book of Proverbs. This book is a collection of lots of wise sayings, or proverbs . . . many of which came from King Solomon.

You might remember how Solomon became king over God's people at a young age. He was worried about leading an entire nation without having any experience.

One night, God spoke to Solomon in a dream. God told Solomon that he could have ANY gift he wanted. Solomon could have asked for money or power, but instead, he asked God for wisdom so he could be the best leader for the people. And sure enough, God made Solomon one of the wisest people who ever lived.

Many of the wise things Solomon learned and said were written down and collected here in the book of Proverbs. (*Hold up Bible.*) These wise sayings can help us make wise decisions in our lives today. Let's check out the Story Lab...

Video: Bible Story (12:08)

It's important that we **know when to stop**. Remember, that's what Solomon said:

Open the Bible to Proverbs 25:16 (NirV) and read.

If you find honey, eat just enough. (NirV)

That's true about honey and sweet treats, and it's also true about other good things in our lives. Remember, God is always there to help us so that we'll **know when to stop**.

That's something for us to keep in mind this week, and all the time:

VIDEO: Bottom Line

SLIDE: Bottom Line

SLIDE: Theme

SLIDE: Virtue

This month has been all about Self-control which is **choosing to do what's best even when you don't want to**.

SLIDE: Theme

God has given us lots of good things in life. And with God's help, we'll be able to have self-control so we can really enjoy those things without letting them take over all of our time or energy.

If there's something that's hard for you to stop, talk to someone about it. Talk to God about it. Ask God to help you stay in control.

This isn't something you have to do by yourself. When we follow Jesus, God sends the Holy Spirit to live inside of us. Self-control is actually something God's Spirit creates IN us so that we'll **know when to stop!**

Let's pray and ask God to help us do that.

Dear God, thank You for the way You give us good gifts. Thank You for the things in our lives that we love to do, and thank You for the people You've put around us. Please guide us to **[Basic Truth] make the wise choice** and live each day with self-control. Show us how to pause and stay in control of the good things in our lives so that they don't end up causing trouble for us. We love You, and we pray these things in Jesus' name. Amen.

SLIDE: Theme

CHECK THE TIME: There should be 20-25 minutes for small group. If LG is running late, skip the next part.

OFFERING:

SLIDES: Hope Mobility 1-3

We are raising money for an organization called Hope Mobility. It was founded by Michael Panther who grew up as a child with a disability in Sudan. Hope Mobility collects and distributes wheelchairs in Africa while teaching families and communities to care for and to include people with disabilities. Our focus will be raising money for wheelchairs for kids. Each pediatric wheelchair costs \$275 and we will see how many wheelchairs we can purchase to help kids in Africa!

SLIDE: Theme