

CITY SG – February 17- 18, 2024

Today's Bible Story: One More Time (Go the Extra Mile) • *Matthew 5:41*

Today's Bottom Line: Be kinder than you have to be.

Monthly Memory Verse: *You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.*
Colossians 3:12 (NIRV)

1. Red Light/Green Light Story Review

Bible Story Review

What You Need: carpet tape

What You Do:

- Have the kids line up shoulder to shoulder on one side of your area and place a tape line on the other side.
- Play a game of red light/green light. When you say "green light," kids will run until you say "red light." They should stop in place.
- If anyone is still running after you say, Red Light, they should start over at the beginning.
- Each time you stop them by saying "red light", ask a review question from the list below.
- Play until someone crosses the line.
- Go back and play more rounds until all of the questions are answered or until time allows.
- You can have the kids get to the other side in different ways each round: crawling, hopping, walking backwards, etc.

Review Questions:

1. What book of the Bible was this week's story in? (*Matthew*)
2. What did Jesus say you should do if someone forces you to go one mile with them? (*go two miles*)
3. Who was the "someone" Jesus was talking about when he said "when someone forces you to go one mile"? (*a roman soldier*)
4. Roman soldiers carried how many pounds of weapons and supplies: 40, 50 or 60? (*60*)
5. True or False? Roman soldiers could choose anyone they wanted to carry their 60-pound sacks for one mile? (*True*)
6. If people chose to go two miles like God said, they are showing that they trust who? (*God*)
7. Paul said you can overcome evil by doing what? (*Good*)
8. When you do more than is required of you, you are showing God's _____ to others? (*Love*)
9. When you choose to be kinder than you have to be, others can see who working in your life? (*God*)
10. What is our bottom line today? (*Be kinder than you have to be*)

2. Extra, Extra

Application Activity

What You Need: "Scenarios" Activity Page (1 per group), three sheets of cardstock labeled A, B and C

What You Do:

- Set the three pages on the ground in 3 different areas of your space.
- Direct the kids to gather, standing, facing you.
- Read a scenario from the "Scenarios" Activity Page and the three options that go with each scenario.

- Instruct the kids to choose their response to each scenario by going to the area with the corresponding page with that letter.
 - For example, if they choose option “A,” they are to go to the area labeled “A.”
- After each scenario, pause to discuss the choices.
 - Ask: “Which option is like going ‘a mile’ and which one is like going the ‘extra mile’?”
- Before moving on to the next scenario, direct the kids to gather again facing you.
- SAY: “Today’s story helps us understand that when we have an ‘extra mile’ attitude in everything we do at school, in sports, in friendships, with strangers, in unfair situations, and at home, others get to see God at work in our lives. That’s why it’s important to ask God to help you show kindness in tough or frustrating situations.”

3. Rhythm Verse

Memory Verse Activity

What You Need: Bibles

What You Do:

- Depending on the age/ability of your group, you can either:
 - Give each child a Bible and look up the memory verse together.
 - Read the memory verse to the group.
 - “*You are God’s chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don’t be proud. Be gentle and patient.*” Colossians 3:12 (NIRV)
- Say the verse as a group.
- Make up a clapping rhythm that goes along with the verse.
- Say the verse with the clapping rhythm several times.
- Clap the rhythm without saying the words and see if the kids can recite the verse to your clapping.
- Instruct the kids to sit in a circle.
- Choose one kid to start the clapping rhythm and saying the first word of the verse.
- Instruct the next kid to follow with the next word, and so on until the entire verse has been said.
- Challenge kids to try to get faster and faster without messing up a clap or a word.

4. Pray

- “Dear God, thank You for being with us every day and for always showing us Your kindness. Help us to look for ways to be kind and helpful to others. Sometimes things may be tough or unfair, but with Your strength, we know we can do it. Help us remember that to **[Bottom Line] be kinder than you have to be** means finding ways to go the extra mile and when we do that, we are spreading Your kindness to others. We love You and we pray these things in Jesus’ name. Amen.”

PARENT PICK UP POINT: As adults arrive to pick up, ask kids to say the bottom line: **be kinder than you have to be** and describe what going the extra mile means.