September Wk 3

Backyard

Always

September 18

## CRAFT All My Feelings

SUPPLIES:

God loves me page, emoji sticker strips, crayons

SET-UP:

Pre-cut sticker strips to hand out to children. Each child should have 9

different emojis on their strip.

#### What You DO and SAY:

#### ⇒ Begin by passing out the God loves me page and crayons.

- o "This month we have been learning that God loves us no matter how we feel. We have so many big emotions and God loves us through all of them!
- What do you see here on this page? Right! It's a person! Let's decorate it to look just like you."

#### ⇒ Read the text on the page. Pass out sticker strips.

- "Let's read these words together. They say God loves me and then the arrow is pointing to you! – no matter what. That's true. God loves you no matter what you are feeling.
- I have some special stickers for you. They have pictures of so many different emotions. I want you to place these all over your page to remind you that God loves you no matter what you are feeling!

#### ⇒ Complete the activity and then Bring it Back to Jesus.

- o "Today in our Bible story, Moses felt frustrated. He talked to God about it. We can always trust God, and We can ALWAYS talk to God because God loves us no matter what!
- Who loves you no matter what? God loves me no matter what!"

#### September Wk 3

Always

September 18

### **ACTIVITY #1**

### Name that Emoji

**SUPPLIES:** Emoji pages (from Week 1), Moses Picture, Heart stickers

#### What You DO and SAY:

- ⇒ This activity can be done from tables or the center of the room. Gather children around you and show them emoji pages.
  - o "Friends! I have a bunch of emoji faces here. We are going to play a game called name that emoji.
  - Look at all of these different faces I have here. Each one expresses a different emoji! How cool!"
- ⇒Go through each emoji one at a time and have them make faces.
  - Can you help me find the <u>afraid</u> face? There it is! Can you make your own <u>afraid</u> face? Good job!
  - Does God love you when you feel <u>afraid</u>? Yes! God loves us no matter what!
  - Who loves you no matter what? God loves me no matter what!
- ⇒ Repeat with each emoji: Sad, Happy, Silly, Excited, Worried, Angry.
- ⇒ End with <u>FRUSTRATED</u> and discuss today's Bible story with the picture of Moses. Give each child a heart sticker.
  - O (Hold up Moses picture) Do you remember what Moses was feeling in our Bible story today? He was feeling frustrated. Can you help me find the <u>frustrated</u> face? The Israelites were complaining and complaining even after God provided them with water and that made Moses feel frustrated! Moses told God that he felt frustrated and that he didn't know what to do with all the people. God loved Moses and sent him people to help him.
  - Can you make your own <u>frustrated</u> face? Good job! Does God love you when YOU feel <u>frustrated</u>? Yes! God loves us no matter what! I am going to give you a heart sticker to remind you that God loves you no matter what!
- ⇒ Complete the activity and then Bring it Back to Jesus.
  - o "We can always talk to God because God loves us no matter what!
  - o "Who loves you no matter what? God loves me no matter what!"

#### September Wk 3

Always
September 18

# ACTIVITY #2 How Would you Feel?

**SUPPLIES:** Scenario Cards, Emoji Feeling "puppets"

#### What You DO and SAY:

- ⇒ Have children join you together on the floor or around a table. Lay out the Emoji Face puppets.
  - o "Boys and Girls, come join me over here around these emoji faces!
  - There are so many different big feelings that we can feel. God knew we would feel these big feelings and he loves us no matter how we feel! God loves you no matter what!
- ⇒ Pull one scenario card out at a time. Read it aloud. Have them help you pick out an emoji that represents how they would feel for the given scenario.
  - "I have some special cards here. I am going to read them one at a time and I want you to think about how it would make you feel. Then, help me pick an emoji to show it! Are you ready? Here we go!
  - [Pick a card and read it] How does that make you feel? Which of the emojis shows how you feel? [Choose one child to hold it up for everyone.] Hold this emoji up for us. It's okay to feel [emotion] because God loves you no matter what!
- ⇒ Continue with each scenario card.
- ⇒ Complete the activity and then Bring it Back to Jesus.
  - "I am so glad that God loves us no matter what. And we can trust him no matter how we are feeling. Boys and girls, tell me one more time...
  - o Who loves you no matter what? God loves me no matter what!"

<sup>\*\*</sup>If you have a very large class, this activity will likely work better broken into 2 smaller groups or in stations. ORL and NL have 2 sets of puppets for this purpose.

#### September Wk 3

Always September 18

## ACTIVITY #3 Feelings 4 Corners

**SUPPLIES:** Feelings 4 Corners pages, wall tape, red floor tape

**SET-UP:** Tape a large heart on the floor in the middle of the activity area.

Tape one Feelings page in each corner of the room.

#### What You DO and SAY:

- ⇒ Have children join you in the large heart in the center of the room.
  - "Friends, we have some pictures around our room! They are pictures of feelings that we all have sometimes. Let's look at the feelings. There is a picture of a sad face. Here is the picture of a happy face. Here is a picture of a frustrated face. Here is a picture of an afraid face."
- ⇒ Describe a feeling and have children run to the corner that has the corresponding emoji.
  - "I want you to listen very carefully to what I say and go to the picture I am talking about. Are you ready? Sad face!
  - God loves you even when you are sad. God loves you no matter what.
     We can trust God even when we are sad. Let's all say our memory verse together "Trust in the Lord with all your heart." Proverbs 3:5.
  - o Great job! Now run back to the heart!
- ⇒ Repeat script above with Sad, Frustrated, and Happy.
- ⇒ Complete the activity and then Bring it Back to Jesus.
  - "Nice work, my friends! It's awesome to know that God loves us no matter how we are feeling and we can trust him!
  - Who loves you no matter what?
  - o God loves me no matter what!"

# September Wk 3 Always September 18

### READ, REVIEW, CONNECT IT, & PRAY SEPTEMBER WEEK 3

#### SANITIZE HANDS AND PASS OUT MOON SAND

#### **READ**

- ⇒The Bible
  - o The Beginner's Bible: Food from Heaven, p. 116
- ⇒ God's Great Love for You by Rick Warren
  - Read the story and then say: God loves you so very much! He loves you no matter what!

#### **REVIEW** Pass out stickers as kids answer the questions!

- ⇒Key Question and Bottom Line
  - Who loves you no matter what?God loves me no matter what!
- ⇒ Memory Verse
  - o "Trust in the Lord with all your heart." Proverbs 3:5

#### **CONNECT IT**

- ⇒ Today in our true Bible story, Moses felt frustrated. Let's make a list of things that make us feel frustrated. When I say your name, I want you to **tell me one thing that makes you feel frustrated.** 
  - Have each child share and write the ideas down on the board/paper.

#### **PRAY**

- ⇒ Everyone feels frustrated sometimes, even me. I'm so thankful we can always talk to God about how we feel, and He will always love us no matter what! Let's pray!
  - Dear God, sometimes we feel frustrated. [Child's name] feels frustrated when (read what they listed). [Child's name] feels frustrated when (read what they listed). (Continue with each child and what the listed.) Please help us remember that when we feel frustrated, we can always talk to You about it, and You will love us no matter what. You're the best, God. In Jesus' name, amen."