

# City SG - October 19-20, 2019

**Bible Story:** Break on Through (Israel Goes Through the Red Sea) • *Exodus 13:17–14:31*

**Bottom Line:** You can do what you should, even when things seem impossible.

**Memory Verse:** *Be strong and brave. Do not be afraid. Do not lose hope. I am the LORD your God. I will be with you everywhere you go.* Joshua 1:9b (NIRV)

## 1. Just for Fun

**What You Need:** No Supplies Needed

**What You Do:**

- Challenge kids to do impossible or near-impossible tasks, such as:
  - Lick your elbow.
  - Touch your nose with your tongue.
  - Talk while breathing in through your nose.
  - Wiggle your ears.
  - Tickle yourself.
  - Place your hand palm-down on a flat surface. Curl your middle finger under your hand, with the other fingers out straight. Try to pick up the end of your ring finger while keeping all the other fingers in place.
  - Raise just one eyebrow.
  - Pat your head while rubbing your belly.

## 2. True or False Stories

**What You Need:** “True or False Stories” Activity Page (1 per group), Bibles

**What You Do:**

- Read the first story from the Activity Page.
- Allow time for kids to react and respond before revealing whether it was true or false.
- Continue with the rest of the stories.
- Two of the stories are from the Bible. If kids show interest in these stories, and you have time, allow kids to look them up and read them for themselves.

**What You Say:**

“Those were some crazy stories that seemed impossible, but they were all true. Well, all but the one that was almost true! I kind of tricked you on that one.”

## 3. Memory Verse Phrases

**What You Need:** Memory Verse Phrase Cards (1 set per group), blindfolds (2 per group)

**What You Do:**

- Ask a kid to look up Joshua 1:9b and read it aloud.
- Tell kids their task will be to put the verse phrases in order on the floor in your Small Group area.
- Explain that they will have to do it while blindfolded.
- Blindfold one kid and give him a random phrase (not the first one).
- Spin him around.
- Then blindfold another kid and give him a phrase.
- Spin him around.
  - This will be a little trickier, because they will need to figure out where his phrase will fit in the overall verse, so it will need to be spaced out correctly.
- Repeat for the rest of the phrases, until the entire verse is in order.

- If kids get stumped at any point on where a phrase should go, allow them 20 seconds to look up the verse again.

#### What You Say:

“There were times during that activity when you probably thought it was almost going to be impossible to get the entire verse in the right order. But you did it! There will be times in life when things will seem MUCH more impossible than this activity. Hard, impossible-seeming things happen all the time, and it often doesn’t look like there’s a way to deal with it. But God always has a plan to either get us past hard times or help us deal with situations that just won’t go away. **[Bottom Line] You can do what you should, even when things seem impossible**, because God is always with you, and He is the God of the impossible!”

### 4. Footprints of Courage

**What You Need:** Cardstock (1 sheet per kid), pens, markers

#### What You Do:

- Pass out a piece of cardstock to each child.
- Instruct the kids to place one of their feet on the cardstock and trace around their shoe with a pen.
- Help kids use the markers to write the bottom line inside their shoe tracing.
- On the back, let them write or draw a picture of something that seems impossible (telling the truth, being kind to someone who is unkind, learning to tie your shoes or ride a bike without training wheels, etc.).
  - As they draw or write, ask kids what could help them in those situations (talking to God, asking for help from someone they trust).
- Let the kids decorate their footprints with the markers as they choose.

#### What You Say:

“When Moses stood on the bank of the Red Sea, he told the Israelites to stand firm and to not be afraid. He said these words BEFORE God parted the waters and BEFORE anyone had set foot on that seabed. I want you to take these footprints home and hang them somewhere as a reminder that **[Bottom Line] you can do what you should, even when things seem impossible**. You can keep loving, keep telling the truth, keep choosing kindness, keep helping, and keep being patient. God will help you do what seems impossible, even when it takes courage!”

***[Make It Personal] (Tell the kids about a time when you REALLY didn’t want to show kindness or love or patience because it seemed impossible. How did God help you keep doing what you should do in that particular situation?)***

### 5. Pray and Dismiss

**What You Need:** Footprints kids created in Activity 4

#### What You Do:

- Make sure each child has their footprint from earlier.
- Ask them to take a look at the back where they’ve written or drawn an impossible situation.
- Lead them in a prayer like the one below, asking God to give them the courage they need to face impossible situations.

#### What You Say:

“Hold up your footprints, friends. Just like Moses reminded the Israelites at the edge of the Red Sea that God would fight for them, remember God is with you. He has unlimited power, and He will give you the courage you need. **[Bottom Line] You can do what you should, even when things seem impossible**. Will you pray with me?”

“Heavenly Father, thank You for this amazing TRUE story of Moses and the Red Sea. Thank You for the reminder that You are with us everywhere we go. Give us the courage to do what we should, even when it seems impossible. Help us to trust You. In Jesus’ name we pray, amen.”

**BEFORE DISMISSAL: AT “COMMUNION CALL”**

**HAND OUT “GOD TIME” CARDS TO EACH CHILD AND ALLOW THEM TIME TO BEGIN  
WORKING ON THE WEEKLY ACTIVITY**

**IF CHILDREN BRING THEM BACK THE FOLLOWING WEEK, THEY RECEIVE A PRIZE!**