PATIENCE

Aug 3/4, 10/11

Bible Lesson Cards Patience

SUPPLIES:

Bible Lesson Cards (Cake, Soup, Present), Beginner's Bible, Wall Tape/magnets (optional)

What You DO and SAY:

- ⇒ Gather children around the table, white board, or around you on the floor.
 - "Today we heard a bible story about how Jesus gives us the power to be patient! Simeon had to wait a very long time to see Jesus – he was so patient! Sometimes, we have to be patient, too. Take a look at these cards I have!

⇒ Lay one card out at a time (or hang on the board).

- "These pictures show us that we need patience. This picture (point) is of hot soup. Why do you think we need to be patient with soup? That's right! We have to be patient and wait for it to cool before we eat it.
- Our next picture is of a present. We have to be patient and wait to open our presents.
- The next picture is of a cake. I love cake for dessert! Do you like to wait to eat dessert? Me neither! But we have to be patient and wait until after dinner for dessert.

⇒Open the Beginner's Bible to p. 282.

 There are lots of stories about being patient in God's word. In today's true story we heard about Simeon. Let's read that story from the Bible now!

⇒ After reading the story, Bring it Back to Jesus.

- I love this story! Simeon had to wait a really long time for God to show him something amazing – but he got to meet baby Jesus!
- O When Jesus is our friend, he gives us the power to be patient. And he can even help us to have a happy heart while we wait! Jesus gives us the power to do everything!
- Who gives you the power to do everything? Jesus gives me the power to do everything!

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ACTIVITY #1

Duck, Duck Goose

SUPPLIES: None

SET UP: None needed

What You DO and SAY:

⇒ Gather children in a seated circle.

- "Today in our true bible story, we learned about a man named Simeon who had to wait a VERY long time to see baby Jesus. He had to be patient! Sometimes it is so hard to be patient, but when Jesus is our friend he gives us the power to be patient and wait with a happy heart!
- Today we are going to play a game where we get to practice being patient. Have you heard of the game duck, duck, goose?

⇒ Stand up. Go around the circle tapping children as you demonstrate.

- "I am going to pretend to be 'It.' I am going to walk around the circle and touch everyone's head and say, 'duck, duck, duck.' (Demonstrate.) Then I will choose someone to be the next 'It,' when I touch their head and say, 'GOOSE!' Are you ready?" (Do activity.)
- ⇒ Repeat until every child has a turn. As you are playing say things like...
 - o "You are doing such a great job being patient as you wait for your turn!"
 - Who gives you the power to do everything? God gives me the power to do everything!

⇒ Complete the activity and then Bring it Back to Jesus.

- Great job! You were all so patient! We all had a turn to be 'It' because we were all patient. Jesus gives us the power to be patient.
- o Who gives you the power to do everything?
- o Jesus gives me the power to do everything!

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ACTIVITY #2 Memory Verse Circle

SUPPLIES: Ball

No prior set up needed SET UP:

What You DO and SAY:

⇒ Gather children to a circle in the middle of the room.

- o "Our amazing memory verse this month tells us that Jesus gives us the power to do everything! Today I want to try something fun and change the words of our verse to add your name to it!
- o God knows every one of your names and he talks to us through his words in the bible.

⇒ Hold the Power Up Ball

- o "When you are holding the ball, it will be your turn to have the memory verse say your name in it! Here let me show you how this will work. I am holding the ball so you would all say:
- o 'Mr/Miss _____ can do everything by the power of Christ.'
- o Try that with me: "Mr/Miss _____ can do everything by the power of Christ.'

⇒ Pass/Roll/Toss ball to a child.

- o Now I am going to [Pass/Roll/Toss] the ball to a friend. While you are waiting you are going to have to be very patient for it to be your turn! Remember, when Jesus is our friend he can help us be patient and to wait with a happy heart!
- o Now my friend, _____, has the power up ball so we are going to say: '____ can do everything by the power of Christ.'

 Try it! '___ can do everything by the power of Christ.'

⇒ Repeat until every child has had a turn

⇒ Finish up the activity and Bring it Back to Jesus.

 Nice work, everybody! You did a good job being patient as you waited your turn. Remember - when Jesus is your friend he gives you the power to do everything. Let's practice our memory verse one more time!

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ACTIVITY #3 Red light, Green Light

SUPPLIES: White Floor Tape

SET UP: On the far side of the room, create a long line using the floor tape.

What You DO and SAY:

- ⇒Invite children to stand on the line.
 - "We are going to play a game of red light, green light. You are going to have to practice being super patient while we play!
 - When I say, 'Green light,' everyone walk to me. When I say, 'Red light,' then everyone FREEZE! Be sure not to move until I say, 'Green light,' again. You may have to wait and be very patient until I say green light. Are you ready?"
- ⇒ Say, "Green light," and ask the children to walk toward you. When you say, "Red light," instruct the children to stop. Tell the children to stand still for 20 seconds. While you are playing, you can say things like...
 - "Don't move! Be patient! How still can you hold while you are patiently waiting?"
- ⇒ Repeat as many times as children are interested then Bring it Back to Jesus.
 - "Lots of times in life we have to wait. It can be hard to wait, but Jesus gives us the power to be patient and wait with a happy heart!
 - Who gives you the power to do everything? Jesus gives me the power to do everything!"

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REFLECTION & REVIEW

READ

I Can Do Anything, by J. White

 Read the story and then say: When Jesus is our friend, he gives us the power to do everything! He can even help us to be patient! It can be hard to be patient, but with Jesus' help, we can wait with a happy heart!

REVIEW (This is a great opportunity to give out stickers as they answer these questions!)

- ⇒ Key Question and Bottom Line
 - O Who gives you the power to do everything?
 - o Jesus gives me the power to do everything!
- ⇒ Memory Verse
 - I can do everything by the power of Christ. Philippians 4:13.
- ⇒ Basic Truth
 - Jesus wants to be my friend forever.
- ⇒Connect it!
 - "Today we learned that Jesus can give us the power to be PATIENT. Sometimes we have to wait a long time for something and that can be really hard to do! But when Jesus is our friend, he can help us be patient! Today we are going to make a list of things we have to wait for. "After we make our list of things we have to wait for, when we pray, we can thank God for sending Jesus to give us the power to be patient and wait with a happy heart."

PRAY

"Dear God, thank You for sending Jesus to give us the power to be PATIENT and wait with a happy heart. Please help [child's name] be PATIENT and have a happy heart when he waits for (read what the child listed). (Repeat for each child.) I pray that we will follow Jesus so we can love others the way Jesus loves us and have the power to be PATIENT. Thank You for Jesus, God. We love You. In Jesus' name, amen."