

City SG - February 3-4, 2018

Bible Story: Amazing Grace (Kindness Principle) • *Titus 3:4-7*

Bottom Line: Be kind to others because God is kind to you.

Memory Verse: “Do to others as you want them to do to you.” *Luke 6:31, NIV*

1. Simon Says Be Kind

What You Need: No supplies needed

What You Do:

- Encourage kids to stand up and form a line facing you.
- Explain that you will be playing a game of “Simon Says” and you are Simon.
- Make sure your group understands how to play Simon Says:
 - Simon tells players what they must do.
 - However, you only do the action when you hear, “Simon says,” before it.
 - For example, if Simon says, “Simon says touch your head,” then you will touch your head. If he simply says, “Touch your head,” you will not touch your head.
- Below are some ideas for actions, but feel free to get creative and add some of your own!
 1. Touch your nose
 2. Shake your hips
 3. Spin around
 4. Touch your head
 5. Give someone a high-five
 6. Do five jumping jacks
 7. Touch your toes
 8. Clap your hands
 9. Lick your elbow
 10. Touch your shoulders

What You Say:

“Well, you all were really good at that game! Simon was getting a little tricky there toward the end, but you were paying close attention to what you should and shouldn’t have been doing. It’s just like our lesson today. God wants us to be kind; not unkind. If we are obeying His commands, we are being kind to others.”

2. A Kindness Project

What You Need: Re-sealable plastic bags (one per kid), scissors (one per kid), pens (one per kid), Kindness Card Sheet and A Kindness Project Parent Postcard (one per kid)

What You Do:

- Give each kid “A Kindness Project” activity page and a pen.
- Instruct your few to write down some ways they can be kind—one thing in each box.
- Guide kids to think of examples by asking questions:
 - How could you make someone happy at school?
 - What is something that needs to be done around the house?
 - What is something you would like done for you?

- What happened the last time you were unkind? What can you do differently next time?
- Hand out scissors and plastic bags to each kid.
- Encourage them to cut out their examples and place them inside their bags.
- As kids are finishing, place a parent note in each of their bags.

What You Say:

"I am really loving all of the kindness examples you have given. We talked earlier about the many amazing things God has done for us to show kindness and how you should **[Bottom Line] be kind to others because God is kind to you.** This week, I want to challenge you to be kind as many times as you can. Your goal at the end of the week is to complete all of the projects on your kindness cards!"

3. Replay After Me

What You Need: Bibles

What You Do:

- Help your few look up Luke 6:31 and read it out loud together a few times.

Finding verses with 1st through 3rd graders: Guide them to open their Bibles to the front and find the table of contents. *(Hold up a Bible opened to the table of contents to show the kids what the page looks like.)* When the kids find the table of contents, lead them to find Luke in the list under "New Testament." When the kids find Luke, lead them to look at the page number beside the word. Explain that the number tells them on what page they can find Luke. Help the kids find the page. When they find Luke, explain that the big numbers on the page are the chapter numbers. Help them find chapter 6. Explain that the small numbers are verse numbers. Help them find verse 31 in chapter 6.

- Challenge your kids to close their Bibles and repeat the verse after you.
- Repeat it several times, varying the ways the verse is said.
- Some ideas are:
 - Slow motion words
 - Fast words
 - Mumbled words
 - Speak normally but stand up and run in place
 - Speak valiantly, like a superhero would

What You Say:

"Just like kindness is worth replaying, so is God's Word! Our verse is telling us that if we want to see kindness shown to us, we can show that same kindness to others. This week I want you to remember that you can **[Bottom Line] be kind to others because God is kind to you.**"

(Activity 4 & 5 on next page)

4. Random Acts

What You Need: Small wrapped candy, at least 5 pieces for each kid

What You Do:

- Tell kids they will be doing random acts in order to earn something.
- Show them what they'll be earning (the small item).
- Explain that the goal is to earn as much as they can.
- Start calling out random acts, and give kids one item for each act they complete.
- You can use the acts below and/or create your own.
- Make some easy, some hard, some silly, etc. Stop when time is almost up or when you're about to run out of items.
 - High-five seven people.
 - Count backward from 10 to 1.
 - Do 20 jumping jacks.
 - Pat your head while rubbing your belly.
 - Say the alphabet as fast as you can.

What You Say:

"Wow! You all earned a lot of items. A lot of times in life, we have to do something in order to earn a prize, but with kindness, our rewards come from making someone smile, or happy, or becoming someone's friend. When we are kind to someone, we are showing them who Jesus is. And that's the best prize of all!"

5. Pray and Dismiss

What You Need: Kindness Projects from earlier activity, *God Time Sheets

What You Do:

- Let kids hold their Kindness Project bags from earlier.
- Ask kids how they can remember to be kind this week.
- As soon as they've shared, they should pray a short prayer, asking God to help them be kind in a specific way this week.
- Close the group in prayer when everyone has finished.

What You Say:

"God, I know we often get busy and sometimes forget to show kindness. But, as I think of the crazy, awesome things you have done for me and these kids, I want us to remember to be kind to everyone we meet. This week, I ask that you help us remember that we can be kind to others because You are kind to us. Show us and teach us ways that we can live this out each and every day. In Jesus' name, Amen!"

**Hand out the God Time Sheet for Week 1 – to be taken home.*