



In John 14:16, we read that when we believe in Jesus, we have a “friend” or “helper” that God has given to us. Do you know who that might be? It’s the Holy Spirit! Remember, Titus 3:6 says, “God poured out the Spirit on us freely.”

Being kind is not always easy, but we have the Holy Spirit living in us who helps us show kindness even when we aren’t feeling very kind in our hearts. Set daily reminders for a week on your phone or iPad to show kindness to others. If you have a calendar, mark the days you do a great job showing kindness with a special symbol to keep track of your progress!



READ TITUS 3:4-7

DAY 1

Read Titus 3:4-7. When reading the Bible, it’s always important to ask the question, “What does this teach me about God?” Look closely at verse 4. What is it telling us about God’s character? It’s telling us that He is *kind*.

Kindness means showing others they are valuable by how you treat them. Look back at these verses and find 5 ways that God showed us kindness. Write them below.

1. _____
2. _____
3. _____
4. _____
5. _____

WOW!

That is an overwhelming kindness unlike any other. Take a moment and thank God for His loving-kindness.

DAY 2

BEGIN BY REREADING **TITUS 3:4-7**.

READING THESE VERSES AGAIN HELPS THEM SINK
INTO OUR HEARTS.

Use markers or colored pencils to write this prayer on a piece of paper:

Dear God, thank You for the loving-kindness You show me. Please teach me what it means to be kind like You and help me show kindness to others every day. Change my heart to make me more like You.

Decorate it however you'd like and tape the piece of paper on your bathroom mirror or somewhere in your room and begin each day of this month with that prayer.

PRAY
TO GOD

DAY 3

Review the list you made on Day 1 of this week. God's kindness to *us* is the reason behind our kindness to *others*, so it's important to be able to talk about His kindness with other people.

If you can, take a walk outside with a trusted adult today and talk with him or her about kindness.

ASK:

- HOW HAS GOD'S KINDNESS CHANGED YOUR LIFE?
- WHAT ARE SPECIFIC EXAMPLES OF GOD'S KINDNESS YOU HAVE SEEN OR RECEIVED?

Share your own answers to those questions, too!

TALK
ABOUT GOD