

City SG - January 13-14, 2018

Bible Story: Living on a Prayer (Model prayer) • *Luke 11:1-14*

Bottom Line: Practice praying to God.

Memory Verse: “Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.” *1 Timothy 4:8, NIV*

1. Communication Charades

What You Need: Paper (1 per pair of kids), pens

What You Do:

- Let kids choose a partner. Give each pair a piece of paper and writing utensil.
- Instruct the pairs to come up with two or three different ways they could communicate with someone. Examples can include verbal and nonverbal communication.
- Instruct kids to tear their paper into strips, writing down one answer per strip of paper.
- *HINT: If your kids are having trouble, feel free to quietly give them some examples to get them started, such as whispering, talking on the phone, email, texting, body language, etc.*
- Have the teams fold their paper strips in half and place them in the center of your small group area.
- Pairs will then take turns drawing a paper strip, reading what it says, and then acting it out for the group, charade style.

What You Say:

“There are LOTS of ways we can communicate with each other. Thanks to phones and computers, you can even communicate with someone on the other side of the world or in outer space!”

2. F.A.S.T. Four Corners

What You Need: Bible, Cardstock (4 blank sheets per group, per service), Markers

What You Do:

- Tell kids that Jesus gave us a model prayer to follow in order to teach us how to pray.
 - Today, the group will learn an acronym to help them remember the main parts of Jesus’ model prayer.
 - Explain that an acronym means you take the first letter of series of phrases to create another word. Today, the acronym is F.A.S.T.
- Using a marker, write the letters FAST on the centered cardstock—one large letter per page.
- Hold up the page with the letter “F” and explain that it stands for “Focus on God.” Encourage the kids to repeat that phrase.
 - Open the Bible and read Luke 11:2.
 - Explain that in this first part of the prayer, Jesus wants us to remember who we’re talking to and honor his name.
 - So when we pray, we need to focus on God.

- Hold up the page with the letter “A” and explain that it stands for “Ask for what you need.”
- Call on a volunteer to read Luke 11:3.
 - In this next part of the prayer, Jesus encourages us to ask for the things we need.
- Hold up the page with the letter “S” and explain that it stands for “Say you’re sorry.”
 - Call on a volunteer to read Luke 11:4a.
 - In this part of the prayer, Jesus shows us that it’s important to ask for forgiveness when you mess up.
- Hold up the page with the letter “T” and explain that it stands for “Take the right path.”
 - Call on a volunteer to read Luke 11:4b.
 - In this part of the prayer, Jesus reminds us to ask for God’s help in order to stay away from trouble and take the right path.
- Place the four acronym pages in four corners of your small group area.
- Read the sample prayers below.
- Instruct kids to run to the phrase that they think matches the prayer you read.
- Sample prayers:
 - “God, You are an awesome God! Nothing is more powerful than you.” (*Focus on God.*)
 - “God, help me to choose my friends wisely.” (*Take the right path.*)
 - “God, I’m sorry for arguing with my mom.” (*Say you’re sorry.*)
 - “God, thank you for loving me and for sending Jesus to save me.” (*Focus on God.*)
 - “God, I’m sorry for annoying my little brother on purpose this morning.” (*Say you’re sorry.*)
 - “God, please help me on my spelling test today.” (*Ask for what you need.*)
 - “God, help me to be honest so I can stay out of trouble today.” (*Take the right path.*)
 - “God, please provide for me today.” (*Ask for what you need.*)

What You Say:

“Great job, everyone! You need to focus on God, ask for what you need, say you’re sorry, and take the right path. Knowing this one word—FAST—can help us as we **[Bottom Line]** practice praying to God this week.”

[Make it Personal] (Select one of the four prayer prompts and tell the kids about a prayer you’ve prayed recently that falls into one of these categories. How does praying that kind of prayer make a difference?)

3. F.A.S.T. Spinners

What You Need: “F.A.S.T. Spinner” Activity Pages (one per kid), markers, brads (one per kid), scissors (1 per kid)

What You Do:

- Pass out a “F.A.S.T. Spinner” Activity Page to each kid. Tell kids to cut out the spinner and the pointer.
- Help the kids fill in the blanks on the page. (“Focus on God.” “Ask for what you need.” “Say you’re sorry.” “Take the right path.”)
- Instruct kids to draw a picture that represents each phrase.

- Show them how to attach the pointer to the spinner with the brad.
- Allow the kids to share their drawings with the rest of the group and practice spinning their spinners.

What You Say:

"These spinners are a great way for you to **[Bottom Line] practice praying to God** this week. Let's pray F.A.S.T. prayers this week. Remember to FOCUS on God, ASK for what you need, SAY you're sorry, and TAKE the right path. You can use these prayer spinners to help you as you pray this week!"

4. Four Corners Memory Verse

What You Need: "Four Phrases" Activity Pages (1 per group)

What You Do:

- Look up 1 Timothy 4:8 and encourage one or two kids to read it aloud.
- Split your group into four teams.
- Place one of the "Four Phrases" in each of the corners of your small group area.
- Send each team to a corner and select one team member to hold the verse phrase page so that the rest of the team can see.
- Each team should call out their phrase to the rest of the group in verse order.
- When finished, yell "SWITCH" and encourage teams to find a new corner and recite the verse again.
- Repeat the verse, switching places as time and interest allow.

What You Say:

"Great job, everyone. This verse is long but it's FULL of such important truth. We take care of our bodies by exercising and eating healthy foods. We also need to make sure we're growing our faith too. One big way to grow our faith is through talking to God. We call that what? (Pause.) Yes! Prayer. We need to **[Bottom Line] practice praying to God**. Talking to God is one big way to grow your faith."

Pray and Dismiss

"Dear God, You are an all-knowing, all-loving, never-changing, super awesome God! We ask that You would take care of us this week and bring us back here safely next week. Please forgive us this week when we mess up and help us to make it right if we hurt someone else. Keep us on the right path and doing what Jesus would do as much as possible. We love You, and we thank You for Jesus. In His name we pray, amen."

As children are getting picked up, be sure to hand out their "God Time" sheets, and let the children know that if they bring it back the next week they will receive a prize.