

Oct Wk 4 and Nov Wk 1



October 28th/29th
November 4th/5th

OVERVIEW CARD

AARON HELPS MOSES

Key Question:

Who are you thankful for?

Bottom Line:

I am thankful for people who help me.

Memory Verse:

"Always give thanks to God."

Ephesians 5:20, NIV

Bible Story Focus:

I am thankful for my family.

Aaron Helps Moses

Exodus 17:8-13

Coloring Page:

God helps the Israelites win a battle.

Music:

Praise the Lord Everyday

Together

Whoohoo I Can Help You

Bible Lesson:

None Available use back of Coloring Page

(See Coloring Page Above)

Story:

Being Thankful

by Mercer Mayer

Memory Verse –

“ALWAYS GIVE THANKS TO GOD.”

Ephesians 5:20, NIV

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ACTIVITY 1 –

2's/3's only

AARON HELPS MOSES

Hands Up

Big Idea:

Have the children complete different movements with their hands only.

What You Need: No supplies needed

What You Do:

During the Activity: Gather the children in an open area of the room. Encourage them to follow your instructions using their hands only: *hold your hands up, put your hands down, hands to the side, let's see who can hold their hands up the longest, pat your legs, pat your shoulders, etc.*

What You Say:

Before the Activity: “Today we’re going to play a super fun game called ‘Hands Up.’ I want you to listen as I give instructions and follow them with your hands only. Are you ready?”

During the Activity: “Okay, listen up, my friends, and follow along! Everyone put your hands up. (Pause.) Great job. Now, hands down. (Pause.) Awesome. Now hands to the side.” (Continue giving instructions as the children follow you.)

After the Activity: “In our Bible lesson today, we heard about someone who had to hold his hands up for a VERY long time. Do you remember who it was? (Pause.) Yes, Moses. But what happened when he got tired? Aaron and Hur helped him! Moses’ friends were there and willing to help him. I know he was so thankful for them, just like we are so thankful for people who help us! **Who are you thankful for? I am thankful for people who help me!**”

Memory Verse –

“ALWAYS GIVE THANKS TO GOD.”

Ephesians 5:20, NIV

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ACTIVITY 2 –

2's/3's only

AARON HELPS MOSES

Arms Up!

Big Idea:

Children will play with the parachute as you give them different instructions for raising and lowering the parachute with their hands.

What You Need: A parachute

What You Do:

Before the Activity: Open the parachute and lay it flat on the floor in an open area of the room.

During the Activity: Have the children spread out around the parachute and grab the edge with both hands. Give them different instructions for raising or lowering the parachute with their hands just like Moses did in our Bible lesson today.

What You Say:

During the Activity: "In our Bible lesson today, who raised his hands? (Pause.) Yes, Moses. But what happened when he got tired? Aaron and Hur helped him! I don't think just one person could raise this WHOLE parachute by himself. I think we need to help each other! Let's raise our arms like Moses. Hold them up! You can do it. (Pause.) Awesome. Now, my arms are getting tired. I bet yours are too. Let's lower our arms. (Pause.) Okay, my arms feel rested now. Let's raise them again!" (Continue encouraging the children to raise and lower their arms as time and interest allow.)

After the Activity: "Way to go, everyone! You were really listening. I'm so thankful Moses' friends were there and willing to help him just like you helped each other with our parachute today. **Who are you thankful for? I am thankful for people who help me.**"

Memory Verse –

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ACTIVITY 3 - All

AARON HELPS MOSES

Up High Memory Verse

Big Idea:

Have a contest on who can hold up a “staff” above their head like Moses - when they get tired and stop have them say the memory verse with motions.

What You Need: Paper towel tubes, rhythm sticks or paint sticks as “staffs”

What You Do:

During the Activity: Tell the children that you are going to have a contest. Ask all of the children to stand up. Give each child a “staff” (paper towel tube or stick) and challenge them to hold it up over their heads. Tell them we’re going to see who can hold their arms up the longest.

After the Activity: If a child puts his arms down, ask him to say the memory verse and then sit down. Congratulate the winner and then the other children for a job well done. Repeat as desired.

What You Say:

Before the Activity: “Let’s have a contest! I have a staff like Moses. (*Hold up the “staff”*) Let’s see who can hold the staff up high in the air the longest! Who do you think it will be?”

During the Activity: (*Pass out the “staff”*) “Are you ready? (*Pause.*) Okay, here we go! Everyone hold the staff up high! Keep your arms up! If you have to put your arms down, it is okay! I am sure your arms will be tired. However before you sit down and watch your friends, let’s say the memory verse together. (*Continue with the contest.*) WOW! We have some strong arms here! (*Finish contest.*) Great job, [winner’s name]. You have very strong arms! And great job, everyone else too! I know that was really tiring! Let’s say our memory verse together one more time as a whole group”

After the Activity: “That was really hard! Our contest reminds me of the lesson we heard today. Moses had to hold his arms up for a REALLY long time. He even had a hard time doing it all by himself! But he had family and friends there to help him. I know he was so thankful for them, just like we are so thankful for people who help us! **Who are you thankful for? I am thankful for people who help me!**”

Memory Verse –

“ALWAYS GIVE THANKS TO GOD.”

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ACTIVITY 4 –

4's/5's only

AARON HELPS MOSES

Pass the Staff

Big Idea:

Play a traditional game of Hot Potato with a pool noodle. When the music stops ask the child holding the noodle the Key Question and have him/her answer with the Bottom Line.

What You Need: Pool Noodle cut in half, CD Player and Fun Music

What You Do:

Before the activity: Spread out in a circle in an open area in the room.

During the activity: While the music is playing have the children pass the noodle around the circle. Once you stop the music, ask the child holding the noodle the Key Question. He answers with the Bottom Line while holding the noodle above his head with both hands. Repeat until every child has had a turn to hold the noodle and answer the Key Question.

At the end of the activity: Collect the noodle and say the Bottom Line together.

What You Say:

Before the activity: “Come over and sit in a circle with me. (Pause.) Super! I have the staff. We are going to pass this staff around the circle while the music is playing. Once the music stops, I’m going to ask the child holding the staff, ‘Who are you thankful for?’ (Pause.) And you’ll hold the staff over your head and say, ‘I am thankful for people who help me’ Let’s give it a try.” (Go and stand in front of one of the children.)

During the activity: “Who are you thankful for? I am thankful for people who help me.”

At the end of the activity: “Everybody pretend to hold your staff over your head and tell me: Who are you thankful for? I am thankful for people who help me. Super! Say it again and this time say it loud. Who are you thankful for? I am thankful for people who help me! Fabulous!”

Memory Verse –

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ACTIVITY 5 – 4's/5's only

AARON HELPS MOSES

Limbo

Big Idea:

Play a traditional game of Limbo with the children.

What You Need: Pool Noodle. (Optional: CD player and fun music.)

What You Do:

Before the activity: Cue music if you choose. Have children line up.

During the activity: Hold the noodle on either end and have kids walk under it. After everyone has gone through once, lower the noodle again. Repeat.

At the end of the activity: Review the Bible lesson.

What You Say:

Before the activity: "Hello, friends! I have a super fun game for us to play today! But first, I need you to line up. (Help children get into a line.) Super! To play this game, (other leader's name) and I are going to hold this noodle and you will walk under it one by one. When you walk under the noodle, walk around me and go to the back of the line. After everybody has had a turn, we will lower it and go again."

During the activity: "Here we go! (Call each child's name if needed.) Wow! Look at you go! (Pause.) All right, time to take it a little lower and go! (Pause.) Super job!" (Continue as long as interest holds.)

At the end of the activity: "Come sit with me. That was a fun game, but the lower it went, the harder it got! My arms got tired holding the noodle too. It's hard to hold something in the air for that long. We heard a story about a man who had to hold his arms in the air for a really long time. I wonder if he needed help. Do you remember what happened? (Pause.) Yes, Moses had to hold his staff in the air for a really long time and his arms got tired too. But what happened when he got tired? Aaron and Hur helped him! Moses' friends were there and willing to help him. I know he was so thankful for them, just like we are so thankful for people who help us! **Who are you thankful for? I am thankful for people who help me!**"

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CRAFT WEEK 4

AARON HELPS MOSES

Memory Verse

What You Need:

Door Hanger (3's, 4's and 5's) Picture Frame (2's), stickers (3's, 4's and 5's) or stampers (2's), magnets (2's) and memory verse.

What You Do:

Have the children decorate the door hanger/picture frame with stickers or stampers.

What You Say:

Before the activity: "This week we started learning our new memory and WOW is it a Good one! Are you ready! Repeat after me! 'Always give thanks to God.' (Say each word of the verse slowly, allowing the children to echo. Do this several times and then begin saying the verse different ways together.)"

During the activity: "Today, we are going to make a door hanger/picture frame displaying our memory verse that you can take home to help you practice saying our memory verse throughout the month."

After the Activity: "Our memory verse tells us that we should always thank God for what we have! He gave us everything! We should always thank Him for all of our blessings. Who are you thankful for? I am thankful for people who help me!"

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CRAFT WEEK 1

AARON HELPS MOSES



Moses' Arms

What You Need: "Aaron and Hur" and "Moses" from the Activity Pages on the Website, white cardstock, glue sticks, and crayons

What You Do:

Before the Activity: Each child will need one "Aaron and Hur" picture and one cut out Moses.

During the Activity: Give each child the "Aaron and Hur" Activity Page and a Moses. Help the child glue the Moses on the page.

After the Activity: Encourage the children to use the crayons to color the picture.

What You Say:

Before the Activity: "Today in our lesson we learned that Aaron helped his brother Moses keep his arms up. Let's make a picture of our Bible lesson that we can take home and show our families and help us remember."

During the Activity: (Give each child a "Aaron and Hur" picture and Moses.) "This is a picture of Aaron and Hur. Do you remember whom they were helping by holding up his arms? Yes, Moses! Can you be a helper and glue Moses' on? (Do activity.) Nice job!"

After the Activity: "Now we can color the page. (Encourage children to color.) Moses had people there to help him when he needed them. God always gives us people to help us! **Who are you thankful for? I am thankful for people who help me!**"

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SMALL GROUP

AARON HELPS

MOSES

Small Group Time

What you Need: Parent Take Home Card, Playdoh, People Cookie Cutters, Rolling Pins, and Sticker Roll

SMALL GROUP LEADER (SGL): “Today’s Bible lesson reminds me how special it is to have family. Moses and Aaron were brothers. They were each other’s family. Aaron didn’t have to help Moses keep his arms up when they got tired, but he did because that’s what family does—they help each other! Aaron was being a great brother and a great friend! Do you think Moses was thankful his brother helped him? (Pause.) I do too! I think Moses was very thankful for his family!”

“We’re going to talk a lot about being thankful for the people who help us this month. We all need help sometimes, right? (Pause.) Right! And we all have great people helping us, right? (Pause.) Right! That’s why when I ask: **‘Who are you thankful for?’** I want you to say: **‘I am thankful for people who help me.’** Got it? **Who are you thankful for?**”

CHILDREN and SGL: **“I am thankful for people who help me.”**

SGL: “Now let’s sit down for prayer time. One, two, three, eyes on me! Today I want us to make a list of people in our family who help us. It can be a big brother or sister, like how Aaron helped Moses, or it can be a grandparent or an aunt, uncle, mom, dad—anyone in our family! So, tell me, who in your family are you thankful for because they help you?”

“Ok, it’s time to review our lesson. I am going to ask you some questions and you will get a sticker for answering them. I have some really cool stickers today. Are you ready? (Pause.) Great! (Ask the children the questions from the “Parent Take Home Cards”. You can also make up additional questions from our video lesson. Don’t forget to ask them to say their memory verse for another sticker. You can repeat the same questions over and over as repetition is good for preschoolers.) You are such great listeners!”

“Now I’ll pray before it’s time to say goodbye until next week.”

Memory Verse –

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