

VBS Day 4



July 27<sup>th</sup>

# OVERVIEW CARD

## BOY AND HIS LUNCH

**Key Question:**

**Who can do what God wants you to do?**

**Bottom Line:**

**I can do what God wants me to do.**

**Memory Verse:**

**"God made us to do good works."**

**Ephesians 2:10, NCV**

**Bible Story Focus:**

**I can help others.**

**Boy and His Lunch**

***John 6:1-13***

**Coloring Page:**

**Jesus uses a boy's lunch to feed 5,000 people.**

**Music:**

**God is Big and He Loves Me**

**God Does Great Things**

**Hosanna Rock**

**Bible Lesson:**

**God's Story for Me Bible**

**Jesus Feeds 5,000**

**Pages 350 to 355**

**Story:**

**Let's Share**

**by P. K. Hallinan**

**Memory Verse –**

**“GOD MADE US TO DO GOOD WORKS”**

**Ephesians 2:10, NCV**

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ACTIVITY 1 –

# BOY AND HIS LUNCH

## Two and Five

### Big Idea:

*Have the children complete different movements two times and then five times.*

**What You Need:** No supplies needed

### What You Do:

*Before the Activity:* Have the children stand in front of you.

*During the Activity:* Announce that you are going to jump. Invite the children to jump with you. First jump two times. Then jump five times. Repeat with the following movements: twist, stomp, arm circles, touch toes, and frog jumps.

### What You Say:

*Before the Activity:* "We are going to get moving!"

*During the Activity:* "Let's jump! First jump two times. (Demonstrate.) Now let's jump five times! (Demonstrate.) Awesome! Now let's twist. First twist two times (demonstrate) and now five times (demonstrate). Way to go!" (Continue with activity.)

*After the Activity:* "You did a great job doing movements two times and then five times! In our Bible lesson today, a little boy shares his lunch. He had two fish and five pieces of bread. There were A LOT of people listening to Jesus teach. They started to get HUNGRY! There were 5,000 people! WOW, that is a lot of lunch to fix! They needed lots and lots of food. A little boy offered to share the lunch that he brought. He had two fish and five loaves of bread. Do you think that this will feed 5,000 people? (Pause.) Well, Jesus prayed to God, and then He told them to start feeding everyone! The people ate and there was PLENTY of food for everyone! There was so much food that they even had baskets of food leftover.

*After the Activity:* "WOW! God provided food for everyone from a little boy's lunch! He was so nice to share! Kids ROCK! He knew what God wanted him to help others, so he did. **Who can do what God wants you to do? I can do it!** That's right! You rock, because God made you to help others!"

## Memory Verse –

**"GOD MADE US TO DO GOOD WORKS"**

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## ACTIVITY 2 – BOY AND HIS LUNCH



### Smiley Craft

#### Big Idea:

*Retell the lesson by placing two and then five smiley face stickers on the Activity Page.*

**What You Need:** “Smiley Craft” Activity Page on light blue cardstock, and smiley face stickers

#### What You Do:

*During the Activity:* Give each child seven smiley face stickers and an Activity Page. Help the children place a sticker on each star next to the bread and fish. Each child should have two stickers next to the fish and five stickers next to the bread.

#### What You Say:

*Before the Activity:* “In our Bible lesson today we learned that a little boy shared his lunch of two fish (*hold up two fingers*) and five loaves of bread (*hold up five fingers*).”

*During the Activity:* (*Give each child an Activity Page and stickers.*) “There are two stars next to the fish. (*Point.*) Can you put two smiley face stickers on the two stars? (*Pause.*) Awesome! Now let’s look at the bread. I see five stars next to the bread. Can you put stickers on the five stars next to the bread? (*Pause.*) Great job!”

*After the Activity:* “The little boy was a great helper! God wants us to be great helpers too! **Who can do what God wants you to do? I can do it!**”

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## ACTIVITY 3 – BOY AND HIS LUNCH



### Kazoo Verse

#### Big Idea:

*Children will make Kazoos to use while practicing their memory verse.*

**What You Need:** A colored craft tube (1 per child), wax paper, rubber bands (1 per child), markers or crayons, plastic bowls, and fun stickers

#### What You Do:

*Before the Activity:* Place a paper tube and wax paper square at each child's seat and put the markers or crayons in the center of the table. Fill each bowl with stickers and place stickers in the center of the tables.

*During the Activity:* Let the children use the crayons or markers to decorate their paper tubes. Pass out a wax paper square to each child. Then walk around the table and help each child secure their wax paper across one end of the paper tube with a rubber band. Instruct the children that once the rubber band is in place, to leave it there so that their kazoo will work properly! Demonstrate how to put the end opposite the wax paper up to your mouth and hum to make the kazoo work. Then encourage the children to play their kazoos as you repeat the verse.

#### What You Say:

*Before the Activity:* "Today we're going to make our very own kazoos! Doesn't that sound super fun? (Pause.) When we finish, we'll play them as we say this month's memory verse."

*During the Activity:* "Okay! I want to hear your kazoos as we say the verse. I want this half to say the verse with me while the other half over here plays your kazoos. And then we'll switch! Okay, this side of the room (gesture with your hands), say the verse. And this half (gesture with your hands), play your kazoos! Ready?

*(Do the motions as you say the verse with one side of the room.)*

*God made (point both hands up)*

*us to do (point to others and yourself)*

*good works (thumbs up),*

*Ephesians 2:10." (Hold hands open like a book.)*

*(Switch the groups and repeat.)*

*After the Activity:* "Your kazoos sound amazing! Great job, everyone. God DID make you to do good things, because kids ROCK! **Who can do what God wants you to do? I can do it!"**

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ACTIVITY 4 –

# BOY AND HIS LUNCH

## Fish and Loaves Tic-Tac-Toe

### **Big Idea:**

*Children will play a fun game of tic-tac-toe.*

**What You Need:** “Fish” and “Loaves” cutouts on colored cardstock and floor tape.

### **What You Do:**

*Before the Activity:* Use the tape to create a tic-tac-toe board on the floor.

*During the Activity:* Divide the children into two groups. Have one group stand on one side of the tic-tac-toe board and give them all the “fish” cutouts. Have the second group stand on the opposite side of the board and give them all the “loaves” cutouts.

Let the children take turns placing the fish and loaves cutouts on the board to play tic-tac-toe. Repeat as time and interest allow.

### **What You Say:**

*Before the Activity:* “Today we’re going to play a fun game called “Tic-Tac-Toe!” Raise your hand if you’ve ever played this game before. (Pause.) Awesome!”

*During the Activity:* “Today, instead of playing with X’s and O’s, I thought it would be fun to play with fish and loaves like the ones from our Bible lesson today! One team will be the fish and one team will be the loaves. Remember, the goal is to get three in a row. Are you ready? (Pause.) Great, let’s play!”

*After the Activity:* “That was a super fun game. I’m so glad the boy in our story was willing to help others by sharing his lunch! You can help others too, because you ROCK!

Tell me: **Who can do what God wants you to do? I can do it!**”

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**ACTIVITY 5 –**

# **BOY AND HIS LUNCH**

## **Loaves and Fish Relay**

### **Big Idea:**

*Children will compete in a relay race where they collect stuffed fish and toy bread.*

**What You Need:** Stuffed Fish, toy Bread and large basket

### **What You Do:**

*Before the Activity:* You will need either a fish or loaf of bread for each child. Place the baskets side by side.

*During the Activity:* Divide the children into two teams and have the teams line up in a single file line about 10 feet in front of each basket. When you say, ‘Go!’ have the first child in each line go to the basket in front of them and look for a fish or loaf of bread. When they find ONE of either a fish or bread, encourage them to go back to their team and sit at the back on the line.

*After the Activity:* Continue with the activity until every child in line has had a turn.

### **What You Say:**

*Before the Activity:* “We heard a great lesson today about how KIDS ROCK! We can do what God wants us to do, even as kids!”

*During the Activity:* “There are loaves and fishes in these baskets. (Point.) When I say, ‘Go,’ the first person in line will walk fast to their basket and find either a fish or a loaf of bread. When you have your fish or bread, go to the back of the line and sit down. Are you ready? (Pause.) (Do activity.) Great job!”

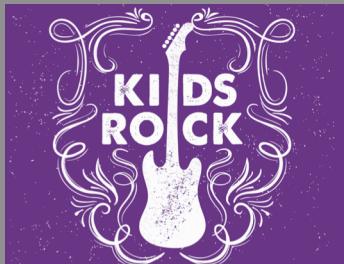
*After the Activity:* “Wow, you guys were fast! God wants us to help others just like the boy did in our lesson today! I know you can, because kids ROCK! **Who can do what God wants you to do? I can do it!**”

### **Memory Verse –**

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# Parachute Fun

## BOY AND HIS LUNCH

### Baskets Full of Fish

#### **Big Idea:**

*Children will shake off all the plush toy fish.*

**What You Need:** Parachute, plush toy fish and basket.

**What You Do:** Gather the kids around the parachute and gently shake it up and down. Review the Bible lesson as you shake off the plush toy fish.

#### **What You Say:**

*Before the activity:* Place two plush toy fish on the center of the parachute and have the basket of fish ready and close by.

*During the activity:* “Come gather around and grab an edge of the parachute. We are going to pretend our parachute is the basket from our lesson today. Hold onto the edge, but don’t move it yet. (*Point to the two fish.*) How many fish do you see on our basket? (*Pause.*) Yes! Two! I want us to try tossing these two ‘fish’ off the basket. (*Toss fish off basket.*) In our lesson, there were 5,000 people who were very hungry! Jesus used those two fish to feed everyone! Once they were done, there were so many fish that they even had baskets of fish leftover. (*Dump a basket full of fish onto the parachute.*) Wow! That’s a ton of fish! Let’s finish by tossing off all of these leftover fish.”

*After the Activity:* “WOW! God provided food for everyone from a little boy’s lunch! He was so nice to share! Kids ROCK! He knew what God wanted him to help others, so he did. **Who can do what God wants you to do? I can do it!** That’s right! You rock, because God made you to help others!”

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# CRAFT BOY AND HIS LUNCH



## Rock and Roll Guitars:

### What You Need:

Guitars, stickers and black sharpie marker

### What You Do:

*Before the activity:* Place an appropriate number of guitars around the table for each child. Spread out plenty of stickers in the middle of each table.

*During the activity:* Guide the children to a spot around the tables. Give children the opportunity to decorate the guitars however they desire. *(As the children are decorating their guitars, go around and make sure each one is labeled with the child's name).*

### What You Say:

*Before the activity:* “Friends, you are all Rock Stars. I think I learned a thing or two from you. You definitely ROCK! Rock stars have super cool guitars. Who wants to make their very own Rock and Roll guitar with me? *(Pause.)* Great! This way we can remember that Kids Rock not only here today but at home too! Let’s get started decorating our guitars.”

*At the end of the activity:* “Your guitars look awesome! You all look like you are ready for our very own Rock Party! You rock, because God made you to do the right thing. **Who can do what God wants you to do? I can do it!** That’s right, friends!”

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# Small Group

## BOY AND HIS LUNCH

### Small Group Time

**What you Need:** Playdoh, Musical Cookie Cutters, Rolling Pins, and Sticker Roll

**SMALL GROUP LEADER (SGL):** "It's small group time! Yay! I need my small group friends to come sit with me. I'm so glad you're here, because we're still learning about kids in the Bible who rocked! (*Show the pictures.*) So far we've heard about Jesus, Samuel, David, Daniel, Miriam, and Josiah. Then today we learned about a young boy who shared his lunch, and we don't even know his name. (*Hold up the picture of the "Young Boy with Lunch".*) This boy rocked because he did what God wanted him to do. And you can do what God wants you to do too! **Who can do what God wants you to do? I can do it!**"

**SGL:** "Again! **Who can do what God wants you to do?**"

**CHILDREN and SGL:** "**I can do it!**"

**SGL:** "And kids who do things God's way **ROCK!** Right? (*Pause.*) Right! Now it's time for our discussion question. One, two, three, eyes on me! (*Point to picture of the young boy.*) This boy did a good thing in the story today. What good thing did he do? (*Pause.*) Yes! He shared his lunch! It didn't matter that he was young. He still did what God wanted him to do. That's why this kid rocked! Let's make a list of things we can share and when we pray we can ask God to help us share what we have so we can help others. When I say your name, tell me one thing you can share."

"Ok, it's time to review our lesson. I am going to ask you some questions and you will get a sticker for answering them. I have some really cool stickers today. Are you ready? (*Pause.*) Great! (*Ask the children questions about the lesson. You can make up questions from our video lesson, activities, Bible story and Children's book. Don't forget to ask them to say their memory verse for another sticker. You can repeat the same questions over and over as repetition is good for preschoolers.*) You are such great listeners!"

"Now I'll pray before it's time to say goodbye until next week.

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# Additional Activities

## BOY AND HIS LUNCH

1. **Bread, Bread, Fish** – simply change the words of Duck, Duck, Goose
2. **Who's Got the Fish** - Sit in a circle with the children. Ask one child to sit in the middle of the circle and close his eyes while you secretly give the fish to another child. The child with the fish should hold it in his hand and put both hands behind his back. Instruct the rest of the children to put both of their hands behind their backs as well. Ask the child sitting in the middle of the circle, whose eyes are closed, to open them and try and guess: "Who's got the fish?" (The person holding the fish will most likely give it away with his facial expressions!)
3. **Hot Bread** – play a fun game of Hot Potato with pretend toy bread.
4. **Freeze Dance** - Gather the children in an open area of the room. Play some fun music and encourage the children to dance. When you say, "FREEZE!" the children must stop and freeze where they are. When you say, "KIDS ROCK!" they can resume dancing.

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