

VBS Day 2



July 25th

OVERVIEW CARD

MIRIAM

Key Question:

Who can do what God wants you to do?

Bottom Line:

I can do what God wants me to do.

Memory Verse:

"God made us to do good works."

Ephesians 2:10, NCV

Bible Story Focus:

I can protect others.

Miriam

Exodus 1:22-2:10

Coloring Page:

God protects baby Moses.

Music:

God is Big and He Loves Me

God Does Great Things

Hosanna Rock

Bible Lesson:

God's Story for Me Bible

God Protects Moses

Pages 96 to 101

Memory Verse –

“GOD MADE US TO DO GOOD WORKS”

Ephesians 2:10, NCV

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ACTIVITY 1 –

MIRIAM

Watch Me

Big Idea:

Children will watch your movements and repeat those movements.

What You Need: Nothing needed

What You Do:

Before the Activity: Gather all the kids in an open area on the floor.

During the Activity: Have the kids watch your movement and then imitate it.

After the Activity: Review the Bible lesson.

What You Say:

Before the Activity: "Hey, friends, come stand with me."

During the Activity: "We are going to play a fun game where you watch me and do what I do. Ready to play? (Pause.) First let's spread out. (Pause.) Great! Now 'Watch me clap my hands'. (Clap your hands.) Now you do it. (Pause.) Great! 'Watch me pat my legs'. (Pat your legs.) Now you do it. (Pause.) Super duper! 'Watch me hop on one leg'. (Hop on one leg.) Your turn. (Pause.) All right! 'Watch me turn around'. (Turn around.) Now you do it. (Pause.) Yay! 'Watch me sit down'. (Sit down.) Your turn! (Pause.) Fantastic! You did a super job watching and doing what I did! (For older children, play the game like Simon Says. If the leader doesn't say 'Watch Me' before the movement any children caught doing the movement are out.)"

After the Activity: "Today we heard a story about a girl who watched her baby brother. Miriam protected Moses in our lesson today. God wanted her to protect him and she did! Miriam knew that Moses was in danger from the king, so she did what God wanted her to do. She watched out for Moses while he was in the basket and she helped her mother to be able to take care of him. She protected him!"

After the Activity: "God wanted Miriam to protect Moses and she did! God wants us to protect others too! **Who can do what God wants you to do? I can do it!** That's right, friends. You rock, because God made you to protect others!"

Memory Verse –

"GOD MADE US TO DO GOOD WORKS"

Ephesians 2:10, NCV

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ACTIVITY 2 – MIRIAM

Moses and the Princess

Big Idea:

Children will glue pictures onto the Activity Page to complete the Bible story scene.

What You Need: “Story Scene” Activity Page on white cardstock, 5 cut out pictures, glue sticks, and crayons.

What You Do:

During the activity: Assist the children in gluing the story scene pictures to the correct places. Once the pictures are in place, the children can color the picture.

What You Say:

At the start of the activity: “It looks like we’re missing a few things in our story picture. Let’s see if we can put all the pictures in the right place.”

At the end of the activity: “There! We did it! Now our picture has everything in place. I love how Miriam protected baby Moses in our lesson. God wanted her to protect him and she did! Miriam knew that Moses was in danger from the king, so she did what God wanted her to do. She watched out for Moses while he was in the basket and she helped her mother to be able to take care of him. She protected him!”

After the Activity: “God wanted Miriam to protect Moses and she did! God wants us to protect others too! **Who can do what God wants you to do? I can do it!** That’s right, friends. You rock, because God made you to protect others!”

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ACTIVITY 3 - MIRIAM



Tambourine Verse

Big Idea:

Children will make tambourines to use while practicing their memory verse.

Be sure to list the items you will be using today on an “Allergy Alert Poster and post it at the door to your room.

What You Need: “Allergy Alert Poster,” small paper plates (2 per child), dried beans (a handful per child), plastic bowls (1 per table), a stapler, staples, markers, and stickers

What You Do:

Before the Activity: Hang the “Allergy Alert Poster” on the door. Pour some beans into each of the bowls on the tables. Place the markers and stickers in the center of the tables.

During the Activity: Give each child two paper plates. Encourage each child to lay one plate flat on the table, take a small handful of beans, and place them on the plate. Place the second plate on top and then walk around the tables, stapling the edges of the plates together to secure. Once the tambourines are stapled, encourage the children to use the markers and stickers to decorate both sides of their tambourines. When finished, gather the children in an open area of the room and encourage them to play their tambourines as you repeat the memory verse together.

What You Say:

Before the Activity: “Today you are going to create your very own tambourine! We’re going to lay one plate flat on the table, add a small handful of beans, cover with another plate, and then I’ll staple them together. You can decorate your tambourines with markers or stickers. Let’s get started!”

During the Activity: (*Help the children assemble their tambourines.*) “Your tambourines are Rockin’! Come with me. (*Lead children to an open area of the room.*) Let’s shake our tambourines as we say our memory verse together. *God made us to do good works, Ephesians 2:10. Great job! Let’s say it again!*” (*Repeat as long as time and interest allow.*)

After the Activity: “You guys rock! God made you to do good works! You can do what God wants you to do. **Who can do what God wants you to do? I can do it!**”

Memory Verse –

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Ephesians 2:10, NCV

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ACTIVITY 4 –

MIRIAM

Go Get Mom

Big Idea:

Children will complete different movements to get to Mom (female volunteer).

What You Need: A female helper

What You Do:

Before the Activity: Have your female helper (*mom*) stand somewhere in the room.

During the Activity: Give the children a movement to do to get to the “mom.” After the children reach her, have her move to a different spot and give the children another movement to get to her. Repeat five times. Movement examples: jump, skip, hop on one foot, crawl, hop like a frog, baby steps, giant steps, and walking on their tippy toes.

After the Activity: Repeat as desired.

What You Say:

Before the Activity: “Today in our lesson we learned that Miriam saved her baby brother Moses. She then went to get her mom to help take care of him. Let’s pretend that we are Miriam and we have to go get our mom!”

During the Activity: (*Have the female helper stand somewhere in the room.*) “Ms. _____ will be our pretend mom. When I say, ‘Go,’ I want you to jump over and get Mom. Are you ready? Go get Mom! (Pause.) Nice job getting Mom! (Ask “mom” to move). Now let’s crawl over to get Mom. GO!” (*Continue with the activity.*)

After the Activity: “You did such a great job getting Mom, just like Miriam did! I love how Miriam chose to protect her baby brother and watch out for him that day! Raise your hand if you’re a big brother or sister. (Pause.) That’s awesome. You can protect others like Miriam did, because KIDS ROCK! Who can do what God wants you to do? I can do it!”

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ACTIVITY 5 –

MIRIAM

Ring the Basket

Big Idea:

Children will toss beanbags into three different sized baskets.

What You Need: Several beanbags and one large, one medium, and one small basket.

What You Do: Line the three baskets up in a row with a couple feet between each one. Challenge the children to take turns trying to toss the beanbags into each of the baskets. Talk about which basket is easier to throw the beanbag into and why. Continue playing as long as the children are interested.

What You Say:

During the activity: "Okay, everyone, let's see if we can fill the baskets with these beanbags. (When a child makes it) Yay! You did it! You threw that beanbag right into the basket! (If a child misses) Oops! Try again!

"The small basket is harder to hit, isn't it? Why do you think it's harder to get your beanbag in the small basket? (Pause for responses.) You're right! The hole is smaller than the bigger basket. Keep trying!"

At the end of the activity: "A basket can be used for all kinds of things. We used these baskets to play a game. Sometimes we use them to hold clothes or toys. The basket in our Bible lesson today was used to protect a baby boy named Moses. Moses' mother placed him in a basket and put him by the river. Miriam was a great big sister and she hid in the grass and watched over baby Moses. I love how Miriam chose to protect her baby brother and watch out for him that day! Raise your hand if you're a big brother or sister. (Pause.) That's awesome. You can protect others like Miriam did, because KIDS ROCK! Who can do what God wants you to do? I can do it!"

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Parachute Fun

MIRIAM

It's Raining

Big Idea:

Children will hide under the parachute when “It’s Raining” is called.

What You Need: Parachute

What You Do:

Before the Activity: Lay the parachute on the floor in the activity area. Have several adult helpers stand around the parachute with the children. Ask everyone to grab the edge of the parachute and lift it off the floor.

During the Activity: Instruct the children and your helpers to lift their arms up and down to make the parachute move. When the parachute is in the air, say, “It’s raining!” and challenge the children to let go of the parachute and get under it. While the children are under the parachute, the adults will make it go up and down several times on top of the children. Then say, “Sun is out!” and ask the children to come out from under the parachute and hold onto it again.

After the Activity: Repeat several times.

What You Say:

Before the Activity: “Everyone grab a piece of the parachute! Raise your arms to make it go up and move your arms down to make it come down.”

During the Activity: “Let’s pretend that it is raining! When I say, it is raining, then everyone go under the parachute for protection! Are you ready? (Do activity.) Yay! You are protected from the rain! Okay, now the sun is shining! You can come out now!” (Finish activity.) Repeat as long as there is interest.

After the Activity: “You did a great job protecting yourself from the rain! God wants us to protect others too! **Who can do what God wants you to do? I can do it!**”

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CRAFT MIRIAM



Sand Art Microphones:

What You Need:

Microphone Necklaces, colored sand bottles, labels and black sharpie marker

What You Do:

Before the activity: Open up each necklace and take off the caps. Attach a label to the rope of the necklace for child's name. Place an appropriate number of necklaces around the table for the children. (*Keep the caps separate and place the caps on the necklaces once children are done filling then add the child's cap and name to label*). Spread out plenty of containers of sand to share in the middle of each table.

During the activity: Guide the children to a spot around the tables. Give children the opportunity to fill the necklaces however they desire. (*Children may choose to layer the colors of sand or mix them all or only use one color.*)

What You Say:

Before the activity: "I love to sing and dance! I love to pretend with a microphone! Do you like to sing with a microphone? (Pause.) Awesome! We don't have real microphones but I think we should make microphone necklaces and pretend! Who wants to make a microphone necklace with me? (Pause.) Great! This way we can remember that Kids Rock not only here today but at home too! Let's get started decorating our necklaces. Let me know when you are finished and I will help you put your cap on your necklace."

At the end of the activity: "Your necklaces are awesome! You all look like you are ready for our very own Rock Party! You rock, because God made you to protect others. God wanted Miriam to protect Moses and she did! God wants us to protect others too! **Who can do what God wants you to do? I can do it!** That's right, friends!"

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Small Group

MIRIAM

Small Group Time

What you Need: Playdoh, Musical Cookie Cutters, Rolling Pins, and Sticker Roll

SMALL GROUP LEADER (SGL): "It's small group time! Yay! I need my friends to come sit with me. I really enjoy looking at your smiling faces. Do you know what else I enjoy? (Pause.) Learning about all the kids who rocked in the Bible! (Flip through the pictures.) Jesus, Samuel, David, Daniel, and now . . . (hold up picture of Miriam). What was the girl's name in our lesson today? (Pause.) Miriam! Yes! Our lesson today was about Miriam! Miriam rocked because she did what God wanted her to do. And you know what? You can do what God wants you to do too! **Who can do what God wants you to do? I can do it!"**

SGL: "Again! **Who can do what God wants you to do?"**

CHILDREN and SGL: "**I can do it!"**

SGL: "And kids who do things God's way ROCK! Right? (Pause.) Right! Now it's time for our discussion question. One, two, three, eyes on me! (Point to picture of Miriam.) Miriam did a very good thing when she protected her baby brother. It was what God wanted her to do. That's why Miriam rocked! You can do what God wants you to do and protect others too! That gives me an idea: let's list all of the people in our family. When we pray we can ask God to help us do good things for our family, just like Miriam did. So, when I say your name, tell me one person in your family.

"Ok, it's time to review our lesson. I am going to ask you some questions and you will get a sticker for answering them. I have some really cool stickers today. Are you ready? (Pause.) Great! (Ask the children questions about the lesson. You can make up questions from our video lesson, activities, Bible story and Children's book. Don't forget to ask them to say their memory verse for another sticker. You can repeat the same questions over and over as repetition is good for preschoolers.) You are such great listeners!"

"Now I'll pray before it's time to say goodbye until next week"

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Additional Activities

MIRIAM

1. **Miriam, Miriam, Moses** – simply change the words of Duck, Duck, Goose
2. **Where's the Baby** – Have the small basket sitting somewhere in the room undisturbed. Hide the doll around the room and instruct the children to find it. Let the other adult give the kids “hot” and “cold” clues. Have the other adult hide the doll at least three times. On the third turn, the doll should be hidden in the basket. The other adult will use the same “hot” and “cold” clues to help the children find the doll.
3. **Pass the Basket** – play a fun game of Hot Potato with large basket.
4. **I Spy** – Teach the children how to play the traditional game of I Spy. Lead the game by picking out one thing in the room that you want them to guess. Say, “I spy with my little eyes something that is (color of object).” Once you name the color of the object, the children must try and guess what it is you spy. As the children make their guesses, you can add other clues to help them identify what it is. End the game by picking a baby or basket.
5. **Freeze Dance** - Gather the children in an open area of the room. Play some fun music and encourage the children to dance. When you say, “FREEZE!” the children must stop and freeze where they are. When you say, “KIDS ROCK!” they can resume dancing.

Memory Verse –

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Ephesians 2:10, NCV