

August Weeks 3 and 4



August 19<sup>th</sup>/20<sup>th</sup>  
August 26<sup>th</sup>/27<sup>th</sup>

# OVERVIEW CARD

## DAVID AND GOLIATH

**Key Question:**

Who can do what God wants you to do?

**Bottom Line:**

I can do what God wants me to do.

**Memory Verse:**

"God made us to do good works."  
Ephesians 2:10, NCV

**Bible Story Focus:**

I can do brave things.  
David and Goliath  
*1 Samuel 17:1-50*

**Coloring Page:**

David fights Goliath.

**Music:**

God does Great Things  
We're All Singing  
God is Big and He Loves Me

**Bible Lesson:**

God's Story for Me Bible  
David the Hero  
Pages 171 to 176

**Story:**

The Bravest Fish  
by Matt Buckingham

**Memory Verse –**

**"GOD MADE US TO DO GOOD WORKS"**

**Ephesians 2:10, NCV**

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# ACTIVITY 1 – 2's/3's only DAVID AND GOLIATH

## Strong

### Big Idea:

*Children will complete different movements to see how strong they are.*

**What You Need:** No supplies needed

### What You Do:

*Before the Activity:* Have the children stand in front of you.

*During the Activity:* Challenge the children to see how strong they are. Ask the children to run in place, try a push-up, try a sit-up, and show their muscles by flexing their arms. Repeat as desired.

*After the Activity:* Review the Bible lesson.

### What You Say:

*Before the Activity:* “WOW! It looks like we have a lot of strong friends in here!”

*During the Activity:* “Let’s see how strong we are! Can you run in place? (*Demonstrate.*) Great job! How about we try to do a push-up? (*Demonstrate just one.*) Awesome! Can you do a sit-up? (*Demonstrate.*) Way to go! Now show me your muscles! (*Demonstrate by holding your arms up while bending them at the elbow, with hands in fists, and flex.*) Whoa! You ARE strong!”

*After the Activity:* “We have some very strong friends in here! Today in our Bible lesson we heard about a SUPER DUPER strong man! Goliath was a HUGE man. God’s army was afraid to fight him because he was so big. A kid named David volunteered to battle with Goliath. A KID! He was not scared, because he knew that God was with him. He picked up his sling and five stones and went to fight Goliath. Goliath laughed when he saw that a kid wanted to fight him. David knew he had God on his side. He put a rock in his sling and fired the rock at Goliath. Do you remember what happened next? (*Pause.*) Yes! Goliath fell down! David defeated Goliath! He won the battle! Yeah!”

*After the Activity:* “Kids ROCK, because God made you to do brave things. We can be brave just like David was because we know that God is with us. **Who can do what God wants you to do? I can do it!**”

## Memory Verse –

**“GOD MADE US TO DO GOOD WORKS”**

**Ephesians 2:10, NCV**

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## ACTIVITY 2 – 2's/3's only DAVID AND GOLIATH

### Rise and Fall

#### Big Idea:

*Children will pretend to be David (flex muscles and act strong) and then Goliath (fall down).*

**What You Need:** No supplies needed

#### What You Do:

*Before the Activity:* Have the children stand in front of you.

*During the Activity:* Invite the children to pretend to be David by flexing their muscles and acting strong. Then say, "Be Goliath," and instruct the children to fall down. Repeat several times.

#### What You Say:

*Before the Activity:* "Can you show me how strong you are?"

*During the Activity:* "Show me how you can be strong like David. Flex your arms like this! (*Flex your arm muscles.*) Wow, you are all so strong! Now let's pretend to be Goliath! Everyone fall down! (*Demonstrate falling down.*) Awesome job! Now let's pretend to be David again!" (*Repeat several times.*)

*After the Activity:* "David was very brave, because he knew that God was with him! God made us all to do great things and He wants us to listen to Him and do what He wants us to do. **Who can do what God wants you to do? I can do it!** You sure can, because you ROCK!"

### Memory Verse –

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# ACTIVITY 3 - ALL DAVID AND GOLIATH

## Walk on Stones

### Big Idea:

*Children will practice their memory verse as they jump from stone to stone.*

**What You Need:** “Stone” cutouts on gray cardstock and floor tape

### What You Do:

*Before the Activity:* You will need 10 stones per activity. Tape the stones in a pathway about two inches apart from one another.

*During the Activity:* Have the children line up in a single file line behind the first stone. Encourage the children to jump from stone to stone as they say the memory verse. Repeat several times.

### What You Say:

*Before the Activity:* “Let’s practice our memory verse together! *God made us to do good works*, Ephesians 2:10.”

*During the Activity:* “Everyone line up behind this stone. *(Point.)* Let’s jump across the stones as we say our memory verse. Are you ready? *(Start jumping.)* *God made us to do good works*, Ephesians 2:10. Great job! Let’s do it again!” *(Repeat several times.)*

*After the Activity:* “Nice work! We were jumping on stones just like the ones David threw at Goliath. God made us all to do great things! We can do what God asks us to do! **Who can do what God wants you to do? I can do it!**”

## Memory Verse –

**“GOD MADE US TO DO GOOD WORKS”**

**Ephesians 2:10, NCV**

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# ACTIVITY 4 – 4's/5's only DAVID AND GOLIATH

## Throwing “Stones”

### Big Idea:

*Children will take turns trying to throw the stones into the buckets.*

**What You Need:** Floor tape, large bean bags, and 3 buckets

### What You Do:

*Before the Activity:* Place the buckets in a row on the floor in an open area of the room. About three feet from the buckets, mark a starting line on the floor with the floor tape.

*During the Activity:* Line up the children behind the tapeline and let the children take turns trying to throw the bean bags (stones) into the buckets.

### What You Say:

*During the Activity:* “We’re going to take turns throwing these stones (*hold up a bean bag*) into the bucket. Let’s line up here behind this line.” (*Point to the line.*)

*After the Activity:* “Great job throwing the stones, friends. In our Bible lesson today, we saw how some small stones made a very big difference. Do you remember what happened? (*Pause.*) Yes, a kid named David volunteered to battle the giant Goliath. A KID! He was not scared, because he knew that God was with him. He picked up his sling and five stones and went to fight Goliath. Goliath laughed when he saw that a kid wanted to fight him. David knew he had God on his side. He put a rock in his sling and fired the rock at Goliath. Do you remember what happened next? (*Pause.*) Yes! Goliath fell down! David defeated Goliath! He won the battle! Yeah!”

*After the Activity:* “Kids ROCK, because God made you to do brave things. We can be brave just like David was because we know that God is with us. **Who can do what God wants you to do? I can do it!**”

## Memory Verse –

**“GOD MADE US TO DO GOOD WORKS”**

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# ACTIVITY 5 – 4's/5's only DAVID AND GOLIATH

## Throw and Retell

### Big Idea:

*Children will take turns throwing paper balls at the picture of Goliath.*

**What You Need:** “Goliath” Activity Page on tabloid-sized paper, paper rock balls (5 per child), and wall tape

### What You Do:

*Before the Activity:* Hang the Goliath picture on a wall in the activity area.

*During the Activity:* Give each child 5 paper balls and allow the children to throw the paper balls at the picture of Goliath. Retell today’s Bible lesson.

### What You Say:

*Before the Activity:* “We heard an EXCITING Bible lesson today!”

*During the Activity:* “David beat Goliath with his sling and five stones. Let’s pretend that we are David and throw pretend stones at Goliath! *(Do activity.)* Great job! Goliath was a HUGE man. God’s army was afraid to fight him because he was so big. A kid named David volunteered to fight Goliath. A KID! He was not scared, because he knew that God was with him. He picked up his sling and five stones and went to fight Goliath. Goliath laughed when he saw that a kid wanted to fight him, but David knew he had God on his side. He put a rock in his sling and fired the rock at Goliath. Do you remember what happened next? *(Pause.)* Yes! Goliath fell down! David BEAT Goliath!”

*After the Activity:* “Kids rock, because God made you to do brave things. We can be brave just like David, because we know that God is with us. **Who can do what God wants you to do? I can do it!** That’s right, friends. You rock, because God made you to be brave!”

## Memory Verse –

**“GOD MADE US TO DO GOOD WORKS”**

**Ephesians 2:10, NCV**



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# CRAFT WEEK 3

## DAVID AND GOLIATH



### Sling and 5 Stones

**What You Need:** “Stones and Sling” Activity Page on white cardstock, pipe cleaners (1 per child), small craft sticks (3 per child), white glue, and pom-poms (5 per child)

#### What You Do:

*During the Activity:* Pass out an Activity Page to each child. Encourage the children to glue one craft stick vertically onto the center of the page. Help the children secure their pipe cleaner by wrapping it around the top of the other two craft sticks (to create the sling). Encourage the children to glue down those two craft sticks so that they form a “Y.” The pipe cleaner should be raised from the page in a half circle. Once the sling is complete, instruct the children to select five pom-poms and glue them to the page.

#### What You Say:

*During the Activity:* “What did David take with him when he faced the giant Goliath? *(Pause for responses.)* That’s right! He gathered five smooth stones and his sling. We’re going to glue down these craft sticks to create a sling and then glue these *(hold up a pom-pom)* to the page as our stones.”

*After the Activity:* “Your crafts look awesome! I hope these will remind you that David did something brave because God was with him. And YOU can do brave things too, because you ROCK. **Who can do what God wants you to do? I can do it!**”

**Memory Verse –**

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# CRAFT WEEK 4

## DAVID AND GOLIATH

### **“I Can Be Brave” Mirror**

**What You Need:** Mirror, Stickers, large Popsicle Sticks, Double Sided Tape, Glue Sticks and colored cardstock cut it half stating “I Can Be Brave!”

#### **What You Do:**

*Before the Activity:* Using glue sticks, attach the mirror to the colored cardstock stating, “I Can Be Brave!” Attach the popsicle stick to the back side of the mirror/cardstock with double sided tape.

*During the Activity:* Give each child a mirror. Instruct the child to use the stickers to decorate their mirrors.

#### **What You Say:**

*Before the Activity:* “God made us all to do good works! Kids rock, because God made you to do brave things. We can be brave just like David, because we know that God is with us.”

*After the Activity:* “Your mirrors look amazing! I hope these will remind you that David did something brave because God was with him. And YOU can do brave things too, because you ROCK. **Who can do what God wants you to do? I can do it!**”

**Memory Verse –**

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# SMALL GROUP DAVID AND GOLIATH

## Small Group Time

**What you Need:** Parent Take Home Card, Playdoh, Musical Cookie Cutters, Rolling Pins, and Sticker Roll

**SMALL GROUP LEADER (SGL):** “It’s small group time! I need all my rockin’ small group friends to come sit with me. *(Hold up the picture of David.)* David was just a kid in our lesson today, right? *(Pause.)* Right! Did that stop David from being brave and doing what God wanted Him to do? *(Pause.)* No way! David walked right out to battle Goliath and he totally rocked! You can do what God wants you to do and be brave, just like David! **Who can do what God wants you to do? I can do it!**”

**SGL:** “Who can do what God wants you to do?”

**CHILDREN and SGL:** “I can do it!”

**SGL:** “And kids who do things God’s way ROCK! Right? *(Pause.)* Right! Now it’s time for our discussion question. One, two, three, eyes on me! *(Point to picture of David.)* David did brave things, even though he was a kid. Sometimes you will need to do brave things too, like going to the doctor, making new friends, or sleeping with the light off. Today we’re going to make a list of brave things we need to do and when we pray we can ask God to help us do them. When I say your name, tell me one brave thing you can do.”

“Ok, it’s time to review our lesson. I am going to ask you some questions and you will get a sticker for answering them. I have some really cool stickers today. Are you ready? *(Pause.)* Great! *(Ask the children the questions from the “Parent Take Home Cards”. You can also make up additional questions from our video lesson. Don’t forget to ask them to say their memory verse for another sticker. You can repeat the same questions over and over as repetition is good for preschoolers.)* You are such great listeners!”

“Now I’ll pray before it’s time to say goodbye until next week. *(Read the prayer on the back of the “Parent Take Home Card.”)*”

## Memory Verse –

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**Ephesians 2:10, NCV**