

CITY SG- May 20/21

Bible Story: Armor of God • *Ephesians 6:10-18*

Bottom Line: God gives you what you need to keep going.

Memory Verse: “Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.” Galatians 6:9 (*NIV*)

Life App: Determination—deciding it’s worth it to finish what you started.

Armor of God Craft

What You Need: Armor of God Craft (1 per kid)

What You Do:

- Read the Bible passage aloud: Ephesians 6:10-18
- While they work, talk about the spiritual significance of each piece of armor.
 - Belt of Truth (waist): Know God’s truth
 - Armor of Godliness (chest): Do what we know to be right
 - Good News of Peace (feet): Be ready to tell others about Jesus
 - Shield of Faith: Believe that Jesus will do what He says He will do
 - Helmet of Salvation: Protect our minds from bad or evil thoughts
 - Sword of the Spirit: Know and use God’s Word

What You Say:

- Which part of the armor do you like the most?
- God’s armor is a spiritual armor, which means that it can protect us from spiritual things. What are some spiritual things that you think God’s armor can protect us from? (*hurtful words, lies of the devil, times we are scared, troubles with our families and friends*).
- If you had God’s armor before, what do you think would have happen differently?
- How do we put on God’s armor? (*by trusting him*).
- **[Bottom Line] God gives you what you need to keep going.”**

Stand Firm Challenge

What You Need: Masking tape (1 per bin), Hula-hoop (1 per bin)

What You Do:

- Your group will be challenged to stand in a space that is too small for all of them (such as the hula-hoop).
- Once a person is in the circle, that person must stay in without stepping out. If they do, the whole group has to start over.
- Once they are in the circle, have them sing a song for a period of time (row, row, row your boat or Everything is Awesome).
- If the group is too small (5 or less) or too large (12 or more), you should make your own circle using the masking tape.

What You Say:

- What would have made this game easier?
- Did you show determination by completing this game? Why or why not?
- Does God’s armor help us become more determined or less determined?
- **[Make It Personal] (Tell kids about a time you relied on God to keep going. How did He help you?)**
- **[Bottom Line] God gives you what you need to keep going.**

Pray

What You Need: no supplies

What You Do:

- Go around your circle and ask the kids what they need help with to keep going (sports, family issues, homework, etc.)
- Ask kids to pray that God will help them trust Him to give them what they need to keep going.

Extra Activity

Memory Verse Maze

What You Need: “Memory Verse Maze” Activity Pages, pencils, Bibles

What You Do:

- Hand out “Memory Verse Mazes.”
- Tell kids first they need to solve the maze, but to draw lightly on it.
- Then they should write the verse along the solution to the maze, making sure to fill up the entire path.
- Say the verse together a few times.

What You Say:

- What words in our verse pop out to you?
- How do you think we stay determined to share the gospel with others?
- Do you think God is using you to be determined about something? If so, what?
- What is something you can do this week to keep going?
- ***[Bottom Line]* God gives you what you need to keep going.**