

# ALLEY SG- April 1<sup>st</sup>/2<sup>nd</sup>

**Bible Story:** Jesus Washes the Disciples' Feet • *John 13:1-17*

**Bottom Line:** I can put others first by serving them.

**Memory Verse:** "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves." *Philippians 2:3, NIV*

**Life App:** Humility—putting others first by giving up what you think you deserve.

## All Twisted Up

**What You Need:** twister board (2 per environment; 4 for OP), "Hands" pink cards (1 per bin), "Feet" purple cards (1 per bin)

### **What You Do:**

- Lay out the twister mat and explain to the kids that you are going to play a game of twister. However, we have some additional rules.
- Have the kids remove their shoes so they will not rip the mat and have them compete to see who can stay on the mat the longest.
- Flick the spinner and the child will place their particular hand or foot on the mat of the right color.
- Draw either a "hands" or a "feet" card from the stacks depending on where the spinner lands.
- After the first child has answered a question then the next child starts the game.
- The child will have to answer the question, it could be either situational or trivia about the story.
- If they get one of the trivia questions wrong, flick the spinner again. They will have to place another limb else where on the mat as a penalty. They don't have to answer another question for the penalty.
- If a kid falls, they are out. Play as long as time allows. Keep in mind, that you will have to rotate this activity with the other groups, so be conscious of your time and anticipate to play about 12-15 minutes.

### **What You Say:**

- How many of you have ever played this game before?
- What did Jesus want his disciples to learn from Him washing their feet? (*We should serve others and none of us are too good to do a job*).
- Why did Peter refuse to let Jesus wash his feet? (*Because Peter was Jesus' student*).
- How does that relate to us? ***Make It Personal***] Share a time you gave up something that you deserved.
- ***[Bottom Line]*** I can put others first by serving them.

## Greatest Feat

**What You Need:** "Greatest Feat" cards (1 set per bin)

### **What You Do:**

- Have the kids circle up and tell them that you will show them a picture and they are to come up with a way they can serve that person.
- However, they need to do some "feat" while they answer the question.
- They are not allowed to sit down until they tell you a way that was not previously mentioned.
- Here are some examples feats:
  - Hop on one foot while answering the question
  - Hold a plank until they answer the question.
  - Balance on one foot until the question is answered.
  - Do a push up for every word they say.
- Option: make the game harder by making the kids name multiple things they can do to help someone else.

### **What You Say:**

- Which feat was the hardest one to pull off?

- We talked about different ways for us to serve others, who are some other people you can serve?
- What do you think of when you hear the word humility? (*quiet, great, weak, strong*). Do you think this describes Jesus?
- Is it still humble to brag about serving other people? Why or why not?
- **[Bottom Line] Jesus wants me to put others first by serving them.**

## **Pray**

**What You Need:** No supplies needed

### **What You Do:**

- Ask the kids for a way they can show humility this week and have them pray so that they might become humble.
- Be prepared to help them with suggestions: I pray that Billy will help someone else in school this week; I pray that Mary will serve others this week; I pray that Joey will put others first.

### **What You Say:**

"To put others first sometimes we need to move ourselves to the back of the line. This is one way of following the example Jesus gave us of serving others. **[Bottom Line] I can put others first by serving them.**"

## **Having a Ball**

**What You Need:** Bibles, prepared soccer ball with "Memory Verse Cards" attached (could be another ball instead of a soccer ball; 1 per bin).

### **What You Do:**

- Help a few kids to look up Philippians 2:3 in their Bibles. Then read it out loud together a few times.

**Finding verses with 4<sup>th</sup>-5<sup>th</sup> graders:** Our verse is from Philippians. Ask kids to tell you whether that's in the Old Testament or the New Testament. (*New*) So we know it's toward the back of the Bible. It's one of the letters written by Paul. When they find Philippians, explain that the big numbers on the page are the chapter numbers. Tell them to find chapter 2. Explain that the small numbers are verse numbers. Tell them to find verse 3 in chapter 2.

- Leave the Bibles open to the memory verse and ask kids to line up shoulder to shoulder, facing you.
- Stand opposite the kids and hold the soccer ball.
- Toss or kick the ball to one of the kids in the line.
- That kid has to pick it up and read out loud whichever word is pointed directly toward him.
- Then he has to try to remember what the next word of the verse is and say it out loud.
- If kids have trouble remembering they can look at the open Bible for a hint.
- Continue until all the kids have had a turn or two.

### **What You Say:**

- What words pop out at you?
- What do you think it means to get ahead? (*You take advantage of other people*)
- What do you think is the opposite of being humble? (*Being prideful*). What does a prideful person look like?
- How can we think more about others than ourselves? (*serving others, giving away our stuff*).
- **[Bottom Line] Jesus wants me to put others first by serving them.**