

January Weeks 4 and 5



January 23th/24th
January 30th/31st

OVERVIEW CARD

MIRIAM

Key Question:

How can you be brave?

Bottom Line:

God can help me be brave.

Memory Verse:

"Be strong and courageous. Do not be afraid...
for the Lord your God goes with you."

Deuteronomy 31:6, NIV

Bible Story Focus:

God helps me do big jobs so I can be brave.

Miriam

Exodus 1:22-2:10

Coloring Page:

God protects baby Moses.

Music:

Super Wonderful

My God is Number One

Great Big God

I Can Count on God

Bible Lesson:

God's Story for Me Bible

God Protects Moses

Pages 96 to 101

Service Time:

63 minutes (week 4)

64 minutes (week 5)

Memory Verse –

"Be strong and courageous. Do not be afraid...
for the Lord your God goes with you."

Deuteronomy 31:6, NIV

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ACTIVITY 1

MIRIAM

SUPER KIDS

Big Idea:

“SUPER KIDS” is an activity that allows the children to role play to understand the Bottom Line.

What You Need: No supplies needed

What You Do:

Before the Activity: Have the children stand in front of you. Make sure they are spread out an arm's length from each other.

During the Activity: Guide them through different movements that a super hero might do, such as: flying (hold out arms straight in front of you and walk fast around the room), shooting webs (hold out arms in front of you with your hands in fists and make a SHHHHHH noise with your mouth), climbing tall buildings (move your arms and legs in a climbing motion while looking upwards), lifting heavy items (hold arms up in a muscle position and have a strained look on your face), and running really fast (run in place as fast as you can).

After the Activity: Ask the children to show you their best super hero move.

What You Say:

Before the Activity: “We are SUPER KIDS! God wants us to be brave! We might not have super powers but we do have God to help us whenever we need Him!”

During the Activity: “Let’s pretend that we do have super powers! Let’s pretend to fly! (*Do motion.*) Great job flying! Now can you pretend to shoot a web from your hands? (*Do motion.*) Ewwwwwwwww, look at all of the spider webs in here! Let’s climb a super tall building! (*Do motion.*) (*Hold hand horizontally over your eyes*) Look at the view from up here! Now let’s be super strong Super Kids! (*Do motion.*) Whew! That was heavy! Superheroes can run really fast! Let’s try it! (*Do motion.*) Wow! You are SUPER fast!”

After the Activity: “You are all wonderful superheroes! It is so much fun to pretend to be superheroes, but we do not need all of those superpowers to be brave! We can be Super Kids because God is always with us. Today in our Bible lesson we heard about another Super Kid that was super brave too! Do you remember who that was?”

Memory Verse –

**“Be strong and courageous. Do not be afraid...
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Deuteronomy 31:6, NIV

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ACTIVITY 2

MIRIAM

Go Get Mom

Big Idea:

“Go Get Mom” is an activity that allows the children to move around and be silly while reinforcing a concept of the Bible lesson.

What You Need: A female helper

What You Do:

Before the Activity: Have your female helper (*mom*) stand somewhere in the room.

During the Activity: Give the children a movement to do to get to the “mom.” After the children reach her, have her move to a different spot and give the children another movement to get to her. Repeat five times. Movement examples: jump, skip, hop on one foot, crawl, hop like a frog, baby steps, giant steps, and walking on their tippy toes.

After the Activity: Repeat as desired.

What You Say:

Before the Activity: “Today in our lesson we learned that Miriam saved her baby brother Moses. She then went to get her mom to help take care of him. Let’s pretend that we are Miriam and we have to go get our mom!”

During the Activity: (Have the female helper stand somewhere in the room.) “Ms. _____ will be our pretend mom. When I say, ‘Go,’ I want you to jump over and get Mom. Are you ready? Go get Mom! (Pause.) Nice job getting Mom! (Ask “mom” to move). Now let’s crawl over to get Mom. GO!” (Continue with the activity.)

After the Activity: “You did such a great job getting Mom, just like Miriam did! You are all Super Kids just like Miriam was! God helped Miriam to be brave. He can help you too. **How can you be brave? God can help me be brave!**”

Memory Verse –

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Deuteronomy 31:6, NIV

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ACTIVITY 3

MIRIAM

Comic Strip

Big Idea:

“Comic Strip” is an activity that uses communication, cooperation, and fine motor skills to create a group illustration storyboard and a take-home story card that reviews the Bible lesson.

What You Need: “Comic Story Pictures 2” and “Comic Story Cards 2” Activity Pages, white paper, white cardstock, crayons, and magnets (*Note: Keep the Comic Story Pictures up all month long. You will add a new picture each week.*)

What You Do:

Before the Activity: Make one copy of “Comic Story Picture 2” on white paper and add magnets to the back. Make enough copies of “Comic Story Cards 2” on white cardstock so that when cut apart, each child can have one card.

During the Activity: Your Comic Story Picture 1 should already be displayed on the wall from week one. You will introduce the children to a second Bible lesson hero this week. Give each child a “Comic Story Card 2” to color while you hang the matching “Comic Story Picture 2” to the wall. Talk about what made the person in the picture a Super Kid.

What You Say:

During the Activity: “We’ve been learning about some Super Kids that God used to do some really brave things! Last time we heard this guy’s story. (*Point to Gideon.*) Do you remember what his name is? (*Pause.*) His name is Gideon. God helped him be brave and fight an army with just a torch, a jar, and a trumpet! Whew! That was brave!”

“Today we’re going to talk about another Super Kid. Do you remember her name from our Bible lesson today? (*Hang the Comic Story Picture 2 on the wall.*) Her name is Miriam. Can you say, ‘Miriam’? Good job! And look! She’s on the card I gave you too! I want you to color Miriam while we talk about the big job she did. Do you remember the big job God helped her do? (*Pause.*) Yes! Miriam had to watch her baby brother Moses so she could keep him safe and tell her mommy what happened to him. She even had to be brave and talk to the princess. Watching a baby is a super big job and Miriam had to be brave to do it. Who helped Miriam be brave? (*Pause.*) That’s right! God helped Miriam be brave, and God will help YOU be brave too! **How can I be brave? God can help me be brave.** You got it! God can help you be brave. I can’t wait to see who we add to our Super Kid wall next week!”

Memory Verse –

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Deuteronomy 31:6, NIV

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ACTIVITY 4

MIRIAM

BRAVE

Big Idea:

“BRAVE” is an activity that helps kids recite this month’s Memory Verse while using gross motor skills to walk from letter to letter.

What You Need: “Miriam Stickers, BRAVE” Activity Pages from “BRAVE Walk” from Make It Fun in Week 1 and painter’s tape (*Keep the “BRAVE” Activity Pages, as you will need them each week this month.*)

What You Do:

Before the Activity: Tape the “BRAVE” Activity Pages to the floor in a stacked line.

During the Activity: Say the Memory Verse together as you step from paper to paper. At the end, shout, “BRAVE,” and do a warrior pose with one fist in the air and the other hand on your hip. Repeat as many times as desired.

After the Activity: Say the Bottom Line together.

What You Say:

Before the Activity: “Come stand with me. (*Pause.*) We are going to jump from one pow to the next pow as we say our Memory Verse together.”

During the Activity: “Be strong (*jump to the B*) and courageous. (*Jump to the R.*) Do not be afraid ... (*jump to the A*) for the Lord your God (*jump to the V*) goes with you,’ Deuteronomy 31:6. (*Jump to the E.*) Super duper! Let’s do it again! (*Repeat as many times as desired.*) Super job! Sit down on the floor right where you are.”

After the Activity: “Today we heard how God helped Miriam be brave. God can help us be brave too.

How can you be brave? God can help me be brave. (*Hand out stickers to each child.*) Here is a sticker of Miriam from our lesson today. We can wear these stickers to remind us that God wants us to be brave! We are SUPER KIDS!”

Memory Verse –

**“Be strong and courageous. Do not be afraid...
for the Lord your God goes with you.”**

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ACTIVITY 5 – 4's/5's

MIRIAM

Super Super Hero

Big Idea:

"Super Super Hero" is an activity that reviews the idea of being a super kid while playing a traditional children's game.

What You Need: No supplies needed

What You Do:

During the Activity: Teach the children how to play the traditional game of Duck Duck Goose, however instead of saying duck and goose, children will use the words, super and hero (*on hearing "Hero" the child picked will get up and chase the person selecting the child around the circle*).

What You Say:

Before the Activity: "I have a super fun game for us to play. Raise your hand if you have ever played Duck Duck Goose. Good! We are going to play it a little different. Instead of using the words duck and goose, we are going to say super and hero. When you want to pick someone you will touch their head and say hero. Are you ready? (Pause) Let's play!"

After the Activity: "That was fun! You had to really watch the person picking in case you were chosen. Our Bible lesson today was about a girl named Miriam. She had to keep a close watch over her little brother, Moses. Do you remember what God helped this Super Kid do?"

Memory Verse –

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CRAFT – WK 4

MIRIAM

I Am Brave

Big Idea:

"I Am Brave" is an activity that allows the children to visualize themselves as what God wants them to be.

What You Need: "Brave" from the Activity Pages found on the Website, white paper, crayons, and markers

What You Do:

Before the Activity: Copy the Activity Page onto the paper.

During the Activity: Give each child an Activity Page and the crayons and markers. Encourage the children to draw their own face into the black space inside the circle. Encourage them to add details such as hair, eyebrows, and dimples. After the face is drawn help the child to write his/her name in the blank on the bottom of the page.

After the Activity: Ask the children to color the body of the picture.

What You Say:

Before the Activity: "God wants us all to be brave! He is always there for us when we need Him. He loves us all very much. When God helps us be brave it feels like we are Super Kids! Can you put your hands on your hips and be SUPER KIDS? (Pause.) Great job!"

During the Activity: "I have a picture here of a super kid but it is missing the face. You are all super kids, so let's draw your face! Use the crayons and the markers to draw your face so that everyone will know you are a SUPER KID! Don't forget to draw everything about you, like your eyebrows, hair, or freckles! (Allow the children to draw.) Nice job! It says 'God can help ____ be brave.' What do you think we should put in the blank? (Pause.) Yes! We will put our names! Because God can help us be brave! (Help the children write their names in the blanks.)

After the Activity: "Awesome job! Now you are all SUPER KIDS! You are brave just like God wants us all to be!

How can you be brave? God can help me be brave! Now you can use your crayons and markers to color the rest of the picture!"

Memory Verse –

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CRAFT - WK 5

MIRIAM

Super Hero Mask

Big Idea:

“Super Hero Mask” is a craft based activity that allows the children to visualize themselves as Super Kids that can be brave.

What You Need: Super Hero Mask, crayons and/or markers

What You Do:

Give each child a mask. Have the children use crayons and/or markers to create their very own Super Hero mask and unleash their inner super hero.

What You Say:

“Today we are going to make Super Hero masks. Have you ever thought about what it would be like to do something really SUPER? (*Pause.*) Have you ever tied a cape around your neck or pretended to be a superhero? (*Pause.*) Me, too! I think all people dream about doing SUPER things. Today we learned about what SUPER really means. Remember, super’s not in your arms or your legs or your brain. It’s God living in you that does SUPER things! And WOW, God really did something totally SUPER in our Bible lesson today! Do you remember what SUPER thing he did through Miriam? (*Pause.*) Yes! Miriam had to watch her baby brother for her mommy. God helped her be brave and she did it! Miriam didn’t have to be afraid to do the big job of taking care of her baby brother, because she knew that God would help her to be brave. **How can you be brave? God can help me be brave!**

Memory Verse –

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SMALL GROUP

MIRIAM

Small Group Time

What you Need: Dry erase board and dry erase marker.

SMALL GROUP LEADER (SGL): “Raise your hand if you have a big brother or big sister. Cool! Now raise your hand if YOU are the big brother or big sister. Wow! Miriam was the big sister in our Bible lesson today and Moses was the little brother. God gave Miriam a big job to do. Do you remember what the big job was? *(Pause.)* Yes! Miriam had to watch her baby brother for her mommy. God helped her be brave and she did it!

“You can be brave too, just like Miriam. It’s true! God will help you! **How can you be brave?**”

CHILDREN and SGL: “God will help me be brave.”

SGL: “How can you be brave?”

CHILDREN and SGL: “God will help me be brave.”

SGL: “Yes! God will help you be brave. God even gave us a super cool verse to help us remember to be brave. It says *(open Bible and lay it in front of you)*, ‘Be strong and courageous. Do not be afraid ... for the Lord your God goes with you,’ Deuteronomy 31:6. Let’s say that together with the Super Kid motions.

CHILDREN and SGL: “‘Be strong and courageous. Do not be afraid ... for the Lord your God goes with you’, Deuteronomy 31:6.” *(Repeat the verse a few times together.)*

SGL: “Awesome! Now let’s write on our dry erase board. We’re going to make a list of some big jobs we have to do at home. When we pray we can ask God to help us be brave and do them. So tell me, what are some big jobs you have to do at home?

(Remember to print the words so the children can recognize their names and the letters.)

SGL: “Wow! We all have some really big jobs to do. And God is ready to help us be brave! Let’s pray and ask Him to help us right now. Would anyone like to pray before I pray for us?

(Give each child that wants to pray the opportunity to do so.)

SGL: “Now I’ll pray for us.”

Memory Verse –

“Be strong and courageous. Do not be afraid...
for the Lord your God goes with you.”

Deuteronomy 31:6, NIV