

# Say It! Live It!

- Your older brother or sister calls you a name. Instead of calling them a name back, you kindly say, "I love you."
- Someone at school pushes you. You choose not to push back.
- At a party, you're about to pick up the last cookie on the plate when someone runs up and grabs it. You push them and yell, "Hey! That's mine!"
- You did something wrong, and you know you'll get in trouble if your parents find out that you were the one who did it. So when your parents ask you about it, you say, "I don't know."
- As you leave home one morning, you see your neighbor outside. You call out, "Good morning! I hope you have a great day!"
- When your friend is sad, you say something kind to help cheer him up.
- When your parent tells you to clean your room, you do it right away.
- Even though it's not your turn to do the dishes, you know your brother is really busy, so you do the dishes for him.
- Your friends make fun of you for coming to church, but you come anyway.
- When bullies make fun of a friend at school, you tell your friend, "It's okay. You don't have to listen to them."
- You and your older sister do something you shouldn't. Your sister lies when both of you get asked about it. But you choose to tell the truth even though you know you'll get in trouble.
- When your grandmother is sick you send her a get-well card.

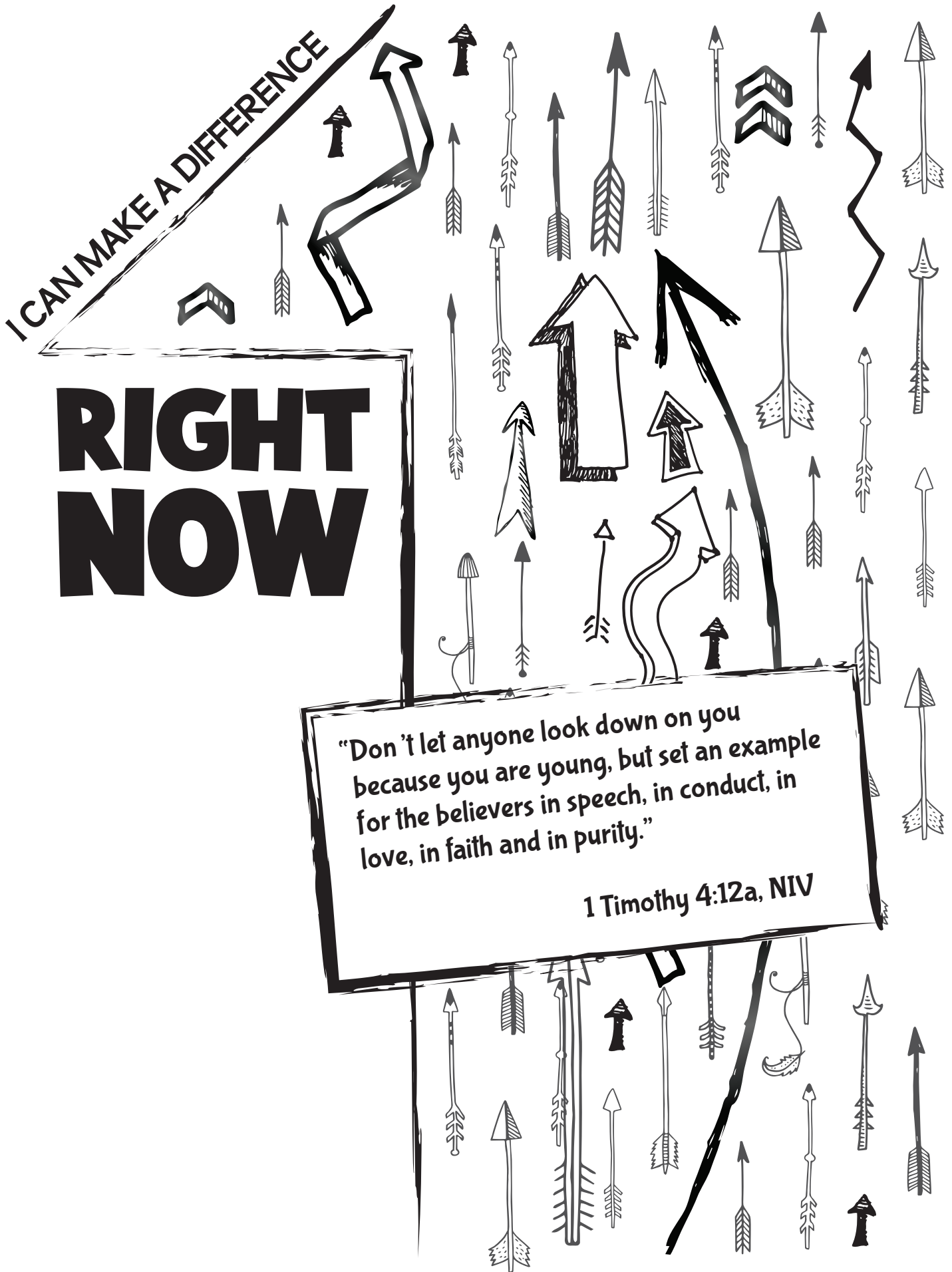
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## What to Do:

Make one copy for each Small Group.

## Say It! Live It!

October 2015, Week 4, Small Group K-1  
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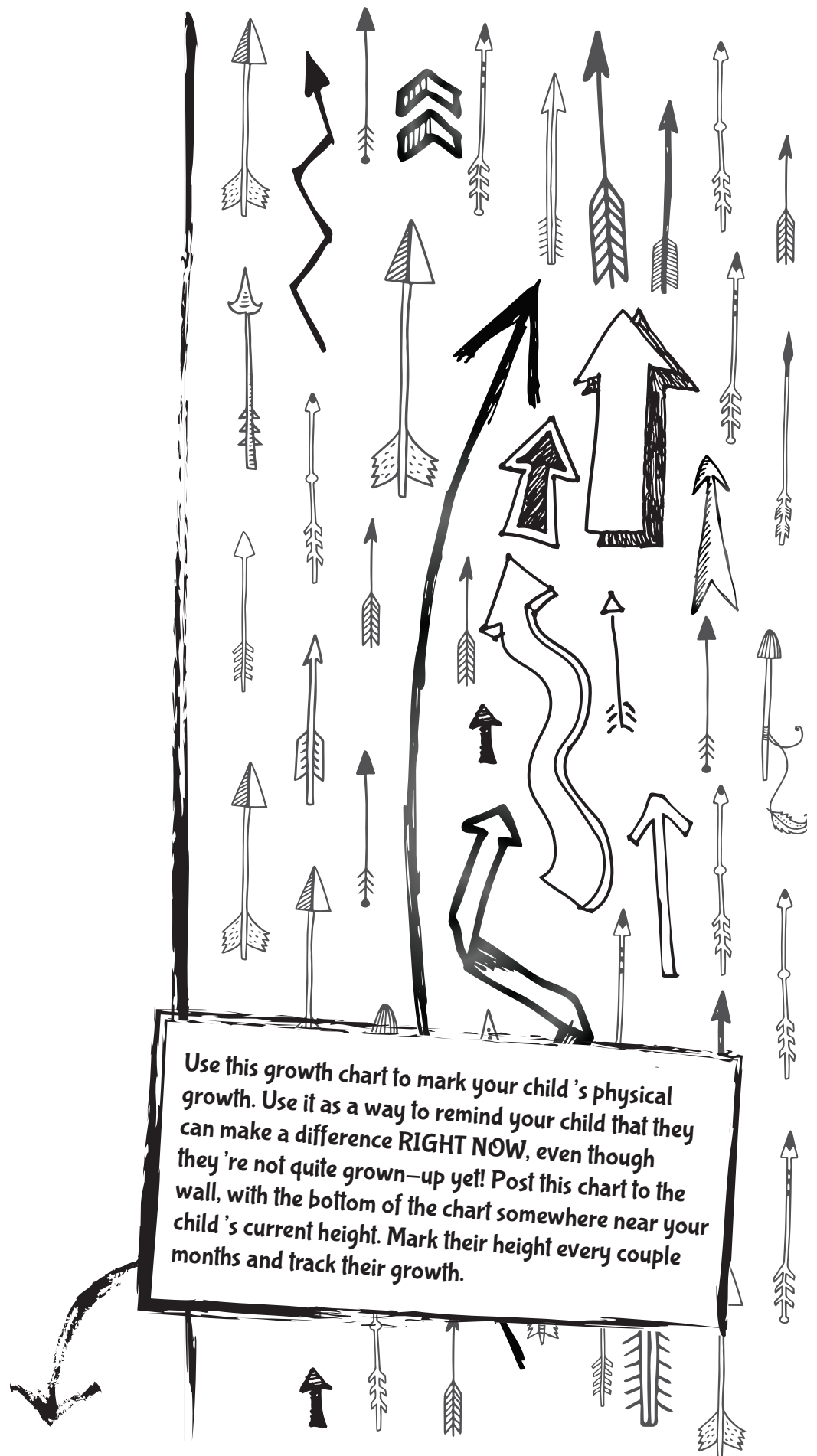
**What to Do:**

Copy on cardstock and cut out. Make one copy for each kid.

**Ready, Set, Grow!, NIV**

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Use this growth chart to mark your child's physical growth. Use it as a way to remind your child that they can make a difference **RIGHT NOW**, even though they're not quite grown-up yet! Post this chart to the wall, with the bottom of the chart somewhere near your child's current height. Mark their height every couple months and track their growth.

**What to Do:**

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**Ready, Set, Grow!**

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