

May Weeks 2 and 3



May 9th/10th
May 16th/17th

OVERVIEW CARD

I CAN HELP OTHERS!

Key Question:

Who can help others?

Bottom Line:

I can help others.

Memory Verse:

"Be kind and loving to each other."
Ephesians 4:32, NCV

Bible Story Focus:

I can help my family.
Ruth, Naomi and Boaz
Ruth 1 & 2

Coloring Page:

Ruth cares for Naomi.

Music:

Great Big God
Love One Another
Every Part of Me

Bible Lesson:

God's Story for Me Bible
Ruth is Faithful
Pages 149 to 153

Story:

If Jesus Lived Inside My Heart
by Jill Roman Lord

Service Time:

68 minutes (week 1)
61 minutes (week 2)

Memory Verse –

"Be kind and loving to each other."

Ephesians 4:32, NCV

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ACTIVITY 1

I CAN HELP OTHERS!

Memory Verse Motions

Big Idea:

“Memory Verse Motions” is an activity that uses repetition and movement to teach the memory verse.

What You Need: No supplies needed

What You Do:

Before the activity: Say the Memory Verse with the class several times.

During the activity: Teach the following motions to the children while saying the verse “Be kind and loving to each other”, Ephesians 4:32. After the children have learned the motions repeat several times.

What You Say:

Before the activity: “We have a new Memory Verse this month. It is: ‘Be kind and loving to each other,’ Ephesians 4:32. Now let’s say it together! ‘Be kind and loving to each other,’ Ephesians 4:32 . Awesome! Again!” *(Repeat several more times.)*

During the activity: “Now let’s learn some motions to go with our Memory Verse. ‘Be kind and loving to each other’, Ephesians 4:32. You are all doing so well! Let’s do it again.” *(Repeat as desired.)*

At the end of the activity: “In our lesson today Ruth helped Naomi, and Boaz helped Ruth. God wants us all to help each other. Our verse this month tells us that God wants to be kind to everyone and help them. **Who can help others? (Pause.) I can help others!**”

Memory Verse –

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ACTIVITY 2

I CAN HELP OTHERS!

Play-Doh® Bread

Big Idea:

"Play-Doh® Bread" is a fine motor skill activity that gives the child free range to explore their creativity while reviewing a concept from today's Bible lesson.

What You Need: Play-Doh® for each child.

What You Do:

Allow the children to sit at their play area and instruct them to roll and knead the Play-Doh® as if they were making bread. Give some instruction but allow them to play freely.

What You Say:

Before the activity: "Today in our Bible lesson we heard about two special people who grew grain. Grain is used to make bread. Yum! I love bread! Let's pretend to make bread out of our Play-Doh. Everyone watch and listen to what I do and say and let's make some terrific bread together!"

During the activity: (Demonstrate each step as you say the instructions.) "Everyone lay your Play-Doh onto the table. Now smash it flat on the table and then gently roll it into a ball like this. (Demonstrate.) Use your fingers to gently pinch and squish the dough. This is called kneading. Bakers have to knead the dough when they are making bread. Let's knead, knead, and knead! Great job! Now let me see you make your own bread. You can make your bread round or square or rectangle. You can even make your bread a silly shape if you would like. I cannot wait to see all of the creative bread that we are going to make today!"

At the end of the activity: "WOW! I love your bread! It looks YUMMY! Today we heard a TRUE story from the Bible that has grain in it. Do you remember what happened?"

Memory Verse –

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ACTIVITY 3

I CAN HELP OTHERS!

Go Gather Grain

Big Idea:

"Gathering Grain" is an activity that uses fine and large motor skills to review the Bible lesson idea of gathering grain.

What You Need: A piece of pretend bread, 2-inch pom-poms, and a large basket (Note: Anything smaller than a 2-inch pom-pom is considered a choking hazard.)

What You Do:

During the activity: Show the children the piece of bread and briefly explain how we use grain to make bread. Scatter the pom-poms all over the floor. Tell the children to pretend the pom-poms are pieces of grain and gather them off the floor and put them in the basket. Repeat again and again as long as the children are having fun.

What You Say:

Before the activity: "Who can tell me what this is? (*Hold up bread.*) Yes! This is bread! I LOVE bread! I like to make sandwiches with it and toast it with butter and jelly or make yummy dinner rolls. Oooh, dinner rolls are the best! But we wouldn't have bread without something called grain. Grain comes from plants that sometimes look kind of like tall grass that has little seeds at the top we use to make bread. Today I want us to pretend all of these pom-poms on the floor are pieces of grain. When I say go, I want us to walk around, pick up the grain, and then put it in that basket. Are you ready? (*Pause.*) Go gather grain!"

During the activity: "Good job! Go gather grain! Go gather grain! Woo-hoo! You're doing great! Go gather grain! Go gather grain!"

At the end of the activity: "Who knew gathering grain could be so fun? (*Pause.*) Well, it was fun the way we did it. Our Bible lesson today was about a woman named Ruth, and she had to really gather grain. And boy was it was hard work."

Memory Verse –

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ACTIVITY 4

I CAN HELP OTHERS!

Baskets of Grain

Big Idea:

"Baskets of Grain" is an activity that uses large motor movement and hand-eye coordination to review the Bible lesson idea of Ruth helping others.

What You Need:

Wicker basket and pretend bread
(Note: You may want more baskets and pretend bread, depending on the number of children you have. Five children at each basket will give the children friends to play with without having to wait a long time for their turn.)

What You Do:

During the activity: Instruct the children to try and fill the wicker basket with bread by tossing them in. Continue playing and cheering each other on as long as the children are having fun.

What You Say:

During the activity: "Ruth was a Happy Helper in our Bible lesson today. She helped gather grain in Boaz's fields so she and Naomi would have something to eat. She might have carried their food in a basket like this. I have an idea! Let's pretend these pretend bread are pieces of grain. We can try and ring the baskets by tossing them in the air. Oh! And one more thing! Happy Helper Club members always cheer for one another. Cheering helps our friends to do their best!" (Encourage the children to cheer for one another during the game.)

At the end of the activity: "That was so much fun! And you did a great job tossing the grain into the baskets. Way to go! Do you want to know what my favorite part of our game was? (Pause.) I liked hearing you cheer for one another. Cheering is a great way to help others and be a good friend. You can do that, right? (Pause.) Right! **Who can help others?** (Pause.) **I can help others!**"

Memory Verse –

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ACTIVITY 5 – 4's/5's

I CAN HELP OTHERS!

Count the Grain

Big Idea:

"Count the Grain" is an activity that teaches number recognition and counting while reviewing the concept of the Bible lesson.

Be sure to list the foods you will be using today on the "Allergy Alert Poster" From Other Resources on the Website and post it at the door to your room.

What You Need: "Counting Grain" from the Activity Pages found on the Website, white paper, white liquid glue, bowl of Cheerios® or similar cereal

What You Do:

Before the activity: Copy the "Counting Grain" Activity Page, one per child. Place the cereal in the middle of the table or work area.

During the activity: Give each child an Activity Page. As a class, go over each basket and ask the children what number they see. When the correct number has been decided, ask the children to pick out that number of Cheerios® from the middle of the table or the "grain field." Help the children glue the correct number of cereal pieces into the basket.

At the end of the activity: Complete each basket.

What You Say:

Before the activity: "Today we heard about Ruth, who picked up grain in the field. Boaz helped her by allowing her to take some grain home to Naomi so they would have food to eat. (*Hand out Activity Pages.*) There are baskets on your page that have numbers on them. I have placed grain (*hold up a Cheerio®*) on the table. Let's see if we can figure out together how many pieces of grain goes into each basket."

During the activity: "Look at the first basket. What number do you see? (*Pause.*) Yes! It is the number two. Pick out two pieces of grain. (*Allow the children to pick out the cereal.*) Great job! Now use the glue to glue them onto the basket. (*Help the children glue on the cereal.*) Perfect! Now let's look at the next basket." (*Continue with the next four baskets and repeat the steps above.*)

At the end of the activity: "You all did such a great job counting the grain. In our lesson today, Ruth helped Naomi by going on the trip with her and bringing her grain to eat. Boaz helped Ruth by letting her take the grain to Naomi. Ruth and Boaz were BOTH Happy Helpers! God wants us all to be Happy Helpers and help each other! **Who can help others?** (*Pause.*) **I can help others!**"

Memory Verse –

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ACTIVITY 6 – 4's/5's

I CAN HELP OTHERS!

Who's Got the Bread?

Big Idea:

"Who's Got the Bread" is an activity that incorporates social and observation skills to reinforce the Bible lesson concept of gathering grain or bread.

What You Need: A few small colorful pom-poms that fit in the palm of your hand

What You Do: Sit in a circle with the children. Ask one child to sit in the middle of the circle and close his eyes while you secretly give the pom-pom to another child. The child with the pom-pom should hold it in his hand and put both hands behind his back. Instruct the rest of the children to put both of their hands behind their backs as well. Ask the child sitting in the middle of the circle, whose eyes are closed, to open them and try and guess: "Who's got the bread?" (The person holding the pom-pom will most likely give it away with his facial expressions!)

What You Say:

Before the activity: "Come here, everyone, and sit in a circle with me. I have a fun game for us to play! This is a pom-pom. (*Hold up the pom-pom.*) We're going to use it to play the game. Everyone will get a turn sitting in the middle of the circle. The person in the middle will close his eyes while I secretly give this pom-pom to someone else in our circle. When the person in the middle opens his eyes, he has to guess who's got it. You'll get the hang of it once we start playing."

During the activity: "Now I need one person to sit in the middle of our circle. How about ... (*say child's name*)? Okay, you sit in the middle and close your eyes for just a minute while I give the pom-pom to one of our friends. No peeking! (*Give the pom-pom to a child.*) I need everyone to put their hands behind their back like this. (*Demonstrate.*) I think we're ready! Open your eyes and tell me: WHO'S GOT THE BREAD?" (*Say something similar each time a new child sits in the middle of the circle. Make sure to ask, "Who's got the bread?" each time.*)

Memory Verse –

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CRAFT – WK 1

I CAN HELP OTHERS!



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Mom Mirror Cards

Big Idea:

"Mom Mirror Cards" is an activity that uses fine motor skills to create a take-home gift for Mother's Day.

What You Need: Cards, Markers, Glue or Tape

What You Do: Have the children color their cards for a Mother's Day present to moms!

What You Say:

"God is SO good! God was with Naomi and Ruth wherever they went. He made sure they had a family to help them. They had each other and then they had Boaz. He even helps us! And guess what He gave us such wonderful mommies! Let's make our mommies a wonderful present for Mother's Day to show them how special they are and how much we appreciate them helping us and taking care of us!"

Memory Verse –

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CRAFT - WK 2

I CAN HELP OTHERS!

Basket of Grain

Big Idea:

"Basket of Grain" is an activity that uses fine motor skills to create a take-home review of the Bible lesson.

What You Need:

"Basket" Activity Page, White Cardstock, Rice or Other Grain, Glue Sticks and Coloring Crayons or Markers

What You Do:

Before the activity: Make one copy of "Basket" from the Activity Pages for each child on white cardstock.

During the activity: Give each child a "Basket" Activity Page to color. Instruct them to color the outside of the basket. Encourage them not to color the inside. When coloring is completed, help them use glue sticks to spread the glue inside the basket. Sprinkle grain on the glue. Shake the extra onto a paper towel. Review the lesson of Naomi and Ruth and how God gave them family to care for them.

What You Say:

During the activity: (Hold up the basket picture.) "What is this a picture of? (Pause.) Yes! It's a basket. I have one for each of you and I want you to color it. In our Bible lesson today, Ruth picked a lot of grain so she and Naomi would have food to eat. Do you think Ruth used a basket for her grain? (Pause.) We're going to put some grain in our baskets. When you're done coloring your basket, you can glue some grain inside of it and then you'll have a basket of grain just like Ruth."

At the end of the activity: "God was with Naomi and Ruth wherever they went. He made sure they had family to help them. They had each other and then they had Boaz. Ruth and Boaz were BOTH Happy Helpers! God wants us all to be Happy Helpers and help each other! **Who can help others?** (Pause.) **I can help others!**"

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SMALL GROUP

I CAN HELP OTHERS!

Small Group Time

What you Need: Provide a “Small Group” poster, marker and stickers for each classroom.

SMALL GROUP LEADER (SGL): “Everyone needs a friend like Ruth. She was so kind and loving that she moved with Naomi so she could help her. Ruth worked hard and picked grain every day so they would have food to eat.

“We can be a Happy Helper like Ruth. All we have to do is look for ways to be kind and loving to others. That’s why every time I ask you, ‘**Who can help others?**’ I want you to say, ‘**I can help others!**’ **Who can help others?**”

CHILDREN and SGL: “**I can help others.**”

SGL: “Yes! You can help others! Our new Memory Verse will help us remember how we can help others by being kind and loving. It says, ‘Be kind and loving to each other’, Ephesians 4:32. Let’s say it together.”

CHILDREN and SGL: “Be kind and loving to each other’, Ephesians 4:32.”

Repeat the verse a few times together.

SGL: “We’ll practice that verse every time we come to church. I want you to practice it when you are at home too. I want us to always remember that Happy Helpers are kind and loving to others.

“Now it’s time to write on our “Small Group” poster. We’re going to ask God to help us look for ways we can be kind and loving to our family, the way Ruth was kind and loving to Naomi. I’ll write down your name and you tell me the name of someone in your family that you want to help this week.”

(Write down the children’s names and what they say. Remember to print the words so they can recognize their names and the letters. Don’t forget to write your name and someone from your family too!)

SGL: “Wonderful! Let’s pray. Would anyone like to say your own prayer before I pray?”

(Give each child that wants to pray the opportunity to do so and then close with a prayer that includes the list the children made.)

Memory Verse –

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