

June Weeks 3 and 4



June 20th/21st
June 27th/28th

OVERVIEW CARD

I CAN HELP OTHERS!

Key Question:

Who can help others?

Bottom Line:

I can help others.

Memory Verse:

"Be kind and loving to each other."
Ephesians 4:32, NCV

Bible Story Focus:

You can help even when it's hard.
Aaron helps Moses
Exodus 17:8-13

Coloring Page:

God helps the Israelites win a battle.

Music:

Love One Another
Great Big God
This Little Light

Bible Lesson:

None Available use back of Coloring Page
(See Coloring Page Above)

Story:

I Can Help
By David Hyde Costello

Service Time:

62 minutes (week 1)
62 minutes (week 2)

Memory Verse –

"Be kind and loving to each other."

Ephesians 4:32, NCV

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ACTIVITY 1 – 2's/3's

I CAN HELP OTHERS!

Pass the Staff

Big Idea:

“Pass the Staff” is an activity that encourages gross motor skills and hand-eye coordination as kids pass the staff while saying the Bottom Line.

What You Need: Pool Noodle Cut in Half

What You Do:

Before the activity: Spread out in a circle in an open area in the room.

During the activity: Ask a child the Key Question as you pass him the staff. He answers with the Bottom Line. Repeat with the next child.

At the end of the activity: Collect the staff and say the Bottom Line together.

What You Say:

Before the activity: “Come over and stand in a circle with me. (Pause.) Super! I have the staff. When I pass it to you, I’m going to ask, ‘**Who can help others?**’ (Pause.) And you’ll hold the staff over your head and say, ‘**I can help others.**’ Let’s give it a try.” (Go and stand in front of one of the children.)

During the activity: “**Who can help others?** (Pass the staff to the child and say with them.) **I can help others.** (Take the staff and pass it to another child. Repeat until all children have had a turn.) Woo-hoo! That was super!”

At the end of the activity: “Everybody pretend to hold your staff over your head and tell me: **Who can help others? I can help others.** Super! Say it again and this time say it loud. **Who can help others? I can help others.** Fabulous!”

Memory Verse –

“Be kind and loving to each other.”

Ephesians 4:32, NCV

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ACTIVITY 1 – 4's/5's

I CAN HELP OTHERS!

Pass the Staff

Big Idea:

"Pass the Staff" is an activity that encourages gross motor skills and hand-eye coordination as kids pass the staff while saying the Bottom Line.

What You Need: Pool Noodle cut in half, CD Player and Fun Music

What You Do:

Before the activity: Spread out in a circle in an open area in the room.

During the activity: While the music is playing have the children pass the noodle around the circle. Once you stop the music, ask the child holding the noodle the Key Question. He answers with the Bottom Line while holding the noodle above his head with both hands. Repeat until every child has had a turn to hold the noodle and answer the Key Question.

At the end of the activity: Collect the noodle and say the Bottom Line together.

What You Say:

Before the activity: "Come over and sit in a circle with me. (Pause.) Super! I have the staff. We are going to pass this staff around the circle while the music is playing. Once the music stops, I'm going to ask the child holding the staff, '**Who can help others?**' (Pause.) And you'll hold the staff over your head and say, '**I can help others.**' Let's give it a try." (Go and stand in front of one of the children.)

During the activity: "**Who can help others? I can help others.**

At the end of the activity: "Everybody pretend to hold your staff over your head and tell me: **Who can help others? I can help others.** Super! Say it again and this time say it loud. **Who can help others? I can help others.** Fabulous!"

Memory Verse –

"Be kind and loving to each other."

Ephesians 4:32, NCV

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ACTIVITY 2

I CAN HELP OTHERS!

Work It Out

Big Idea:

“Work It Out” is an activity that uses physical activity and gross motor skills to review the Bible lesson.

What You Need: No supplies needed

What You Do:

Before the activity: Have the children stand in a circle.

During the activity: Do the following motions in order and ask the children to mimic you: run in place, jump five times, touch your toes three times, stand on one foot, and hold your arms straight up in the air.

At the end of the activity: Review the lesson with your arms still in the air.

What You Say:

Before the activity: (Help the children to get into a circle). “I really need to do my exercises! Will you do them with me? *(Pause.)* Thank you so much! It is so much more fun when we do things together and help each other!”

During the activity: “Watch me and do everything that I do. *(Do the first four motions one at a time. If the children seem to be getting tired, slow down but keep going.)* Great job! Okay one last one! Hold your arms way up in the air. *(Demonstrate.)* Great job!” *(Keep your arms in the air.)*

At the end of the activity: (Keep your arms in the air.) “Today we heard a story about two men who helped Moses do something really hard. *(Arms still in the air.)* Whew! My arms are sure getting tired. Are yours? *(Pause.)* It is sure hard to keep them up for that long! *(Put arms down.)* Do you remember what happened in our lesson today? I think it had something to do with holding up your arms? *(Pause)* Thank you so much for doing my exercises with me today!”

Memory Verse –

“Be kind and loving to each other.”

Ephesians 4:32, NCV

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ACTIVITY 3

I CAN HELP OTHERS!

Win or Lose

Big Idea:

“Win or Lose” is an activity that allows the children to recreate the concept of the Bible lesson through movement.

What You Need: No supplies needed

What You Do:

Before the activity: Have the children stand in front of you.

During the activity: When you say, “WIN,” have the children stand tall with their arms in the air. When you say, “LOSE,” have the children drop to the floor and lie down. Repeat each word several times and have the children practice going up and down. Repeat as desired.

What You Say:

Before the activity: “In our Bible lesson today, Moses put his hands up and God’s army would WIN. If he put his hands down, they would lose.”

During the activity: “When I say, ‘WIN,’ everyone stand up nice and tall and hold up your hands. When I say, ‘LOSE,’ everyone drop to the floor and lay down. Are you ready? (Pause.) Here we go! WIN! (Pause.) LOSE! (Pause.) Great job! Let’s see if we can do it even faster this time!” (Do activity and say the words faster and then slower.)

At the end of the activity: “WHEW! That was fun! You did a great job! Aaron and Hur were Moses’ Happy Helpers. God wants us to help others even if it is hard. **Who can help others?** (Pause.) **I can help others!**”

Memory Verse –

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ACTIVITY 4

I CAN HELP OTHERS!

Hold It Up

Big Idea:

"Hold It Up" is an activity that reviews this week's Bible lesson as children play games with the parachute.

What You Need: A parachute

What You Do:

Before the activity: Spread the parachute out and have kids stand around it.

During the activity: Kids will play with the parachute and then lift it high in the air and try to hold it there as long as they can.

At the end of the activity: Have the children sit down around the parachute as you review the Bible lesson.

What You Say:

Before the activity: "Come find a spot around the parachute. (Pause.) Great!"

During the activity: "Everybody grab the parachute and shake it up and down. (Pause.) Now freeze. Let's lift the parachute up in the air and hold it there. (Pause.) Keep holding it up. (Pause.) Wow! That's really hard to do. Are your arms getting tired? (Pause.) Mine too! Let's put it down and rest our arms. (Pause.) Whew! Are your arms all better? (Pause.) Let's try it again. Lift it up in the air and hold it there. (Pause.) Now drop it down and let's just shake. (Pause.) Great job, friends!"

At the end of the activity: "It was hard holding the parachute up for a long time, wasn't it? (Pause.) In our Bible lesson today, we heard a story about Moses and how two of his friends helped him hold his arms up for a long time like we did."

Memory Verse –

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Ephesians 4:32, NCV

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ACTIVITY 5 – 4's/5's

I CAN HELP OTHERS!

Limbo

Big Idea:

"Limbo" is an activity that introduces this week's Bible story while encouraging kids to work together to play the game.

What You Need: Pool Noodle. *(Optional: CD player and fun music.)*

What You Do:

Before the activity: Cue music if you choose. Have children line up.

During the activity: Hold the noodle on either end and have kids walk under it. After everyone has gone through once, lower the noodle again. Repeat.

At the end of the activity: Review the Bible lesson.

What You Say:

Before the activity: "Hello, friends! I have a super fun game for us to play today! But first, I need you to line up. *(Help children get into a line.)* Super! To play this game, *(other leader's name)* and I are going to hold this noodle and you will walk under it one by one. When you walk under the noodle, walk around me and go to the back of the line. After everybody has had a turn, we will lower it and go again."

During the activity: "Here we go! *(Call each child's name if needed.)* Wow! Look at you go! *(Pause.)* All right, time to take it a little lower and go! *(Pause.)* Super job!" *(Continue as long as interest holds.)*

At the end of the activity: "Come sit with me. That was a fun game, but the lower it went, the harder it got! My arms got tired holding the noodle too. It's hard to hold something in the air for that long. We heard a story about a man who had to hold his arms in the air for a really long time. I wonder if he needed help. Do you remember what happened?"

Memory Verse –

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Ephesians 4:32, NCV

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CRAFT – WK 1

I CAN HELP OTHERS!



Dad's Tie Card

Big Idea:

“Dad’s Tie Cards” is an activity that uses fine motor skills to create a take-home gift for Father’s Day.

What You Need: Cards, Envelopes and Markers

What You Do: Have the children color their cards for a Father’s Day present to dads!

What You Say: “We have such awesome men in our lives. Let's make them a wonderful card for Father's Day to show them how special they are!”

Memory Verse –

“Be kind and loving to each other.”

Ephesians 4:32, NCV

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CRAFT - WK 2

I CAN HELP OTHERS!

Arms Up

Big Idea:

"Arms Up" is an activity that uses fine motor skills to make an interactive take-home activity that reviews the Bible lesson and Bottom Line.

What You Need: "Moses" from the Activity Pages on the Website, white cardstock, scissors, crayons, and metal brads

What You Do:

Before the activity: Make a copy of "Moses" on white cardstock for each child.

During the activity: Give each child a copy of "Moses" and scissors. Instruct the children to cut along the line at the bottom of the page and then cut the two arms out. Next, give each child two metal brads. Assist the children in lining up the dots on the arms with the dots on Moses and pushing a metal brad through them and then unfolding it to attach the arms to Moses. Once the children have the arms attached, tell them to color Moses. As the children finish, go to each one and briefly talk about how Aaron helped Moses hold his arms up, even when it was hard.

What You Say:

Before the activity: "Aaron was such a great help to Moses in our Bible lesson today. He could see that Moses' arms were getting tired, so he helped hold them up! You can help like that, can't you? *(Pause.)* Sure you can! **Who can help others? I can help others!**"

During the activity: "I'm going to help you make something you can take home so you can tell your family the awesome lesson about Moses and Aaron. This is Moses. *(Hand out Activity Page.)* But something's missing—two somethings! Yes, his arms! Our job is to cut out the arms at the bottom of the page and attach them to Moses' body. I'll show you how. Once you put the arms on Moses you can color him. Then he'll be ready to go home with you!"

At the end of the activity: "Watch what you can do with Moses' arms now that they are attached. *(Move the arms up and down.)* When his arms were tired and he couldn't hold them up *(push arms down)*, God's people started losing the battle, but when Aaron and Hur helped Moses hold them up *(push arms up)*, God's people started winning again. Aaron and Hur were super Happy Helpers! You can be a super Happy Helper too! **Who can help others? (Pause.) I can help others.**"

Memory Verse –

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Ephesians 4:32, NCV

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SMALL GROUP

I CAN HELP OTHERS!

Small Group Time

What you Need: Provide a “Small Group” poster, marker and stickers for each classroom.

SMALL GROUP LEADER (SGL): “Do you ever get tired and need someone to help you? *(Pause.)* That’s what happened in our lesson today. Moses was very tired from holding his arms up. He needed someone to help him and that’s just what Aaron did! He helped hold Moses’ arms up so they could help their people win the battle. It was hard, but Aaron did it!

“Sometimes helping others can be hard. Cleaning up a mess can be hard. Carrying grocery bags can be hard. Forgiving someone who makes you mad can be hard, but we can do it. We can help others, even when it’s hard. **Who can help others?**”

CHILDREN and SGL: “I can help others.”

SGL: “Yes, you can help others, because God will help you! Today we’re going to make a list of things we can do to help others that are hard—things like sharing. Is it easy or hard to share? *(Pause.)* Sometimes it can be very hard to share, but sharing is a great way to help others. How about praying for others? *(Pause.)* Is it easy or hard to remember to pray for others? *(Pause.)* It’s hard for me to remember to pray for others sometimes. Then there’s talking to a new friend. Is it easy or hard to talk to someone new? *(Pause.)* It can be very hard to talk to someone new but it can be a huge help! Now I want you to help me think of some other ways we can help others, even when it’s hard.

(Write down the children’s names and what they say. Remember to print the words so they can recognize their names and the letters.)

“I want to add two more things that can be hard to do but they REALLY help others. First, be kind. It’s not always easy to be kind but kindness always helps others. Second, be loving. It’s not always easy to be loving but love always helps others. That’s why God tell us in our Memory Verse to ‘be kind and loving to each other’, Ephesians 4:32. Let’s say it together.”

CHILDREN and SGL: “Be kind and loving to each other’, Ephesians 4:32.

Repeat the verse a few times together.

SGL: “I think we’re ready to pray now. Would anyone like to say your own prayer before I pray?”

(Give each child that wants to pray the opportunity to do so and then close with a prayer that includes the list the children made.)

Memory Verse –

“Be kind and loving to each other.”

Ephesians 4:32, NCV