



OVERVIEW

God Gives Me People to Help Me.

Key Question: Who will take care of you?
Bottom Line: God will take care of me.
Memory Verse: "My God will meet all your needs."
 Philippians 4:19, Nlrv

Bible Story: God gives me people to help me.
 Elijah and the Widow - 1 Kings 17:7-16

Coloring Page: God helps Elijah and a widow. (week 4)
 God Gives Elijah Food. (week 5)

Music: Nobody Loves Me Like You
 Great Big God
 This Little Light of Mine

Bible Lesson: The Beginner's Bible
 A Jar and a Jug
 Pages 206 to 211

Service Time: 67 minutes (week 4)
 73 minutes (week 5)

Story Time:

May Memory Verse -
"My God will meet all your needs."
Philippians 4:19 Nlrv



ACTIVITY 1

God Gives Me People to Help Me.

How Can I Help - Ring Toss

What You Need: Ring Toss Game

What You Do:

Have the children stand in a line and take turns trying to toss the rings over the colored pegs. When they are successful, announce the color where the ring landed and have them do the actions below that corresponds to the color of the peg.

Red Peg: "Say today's Bible verse."

Blue Peg: "Tell something you remember about today's Bible lesson."

Green Peg: "How do you show kindness to your family?"

Yellow Peg: "How do your family members show kindness to you?"

Orange Peg: "Name one person from our lesson."

What You Say:

Before the activity: "God wants us to help everyone that we can. Everyone can be a helper! Let's play a game to see how we all can help."

During the activity: "I want everyone to think of a way that they can be a helper in their heads. Don't say it out loud; I want you to keep it right here (*point to forehead*). When you throw the ring over the yellow peg you can tell us how you will show kindness to someone in your family. Let's play!"

At the end of the activity: "WOW! I love all of the ways you can be helpers! God likes it when we help each other. God always takes care of us and sometimes He sends people to help us when we need it. Today in our lesson we heard about someone who needed help, do you remember who God sent to help him?"

May Memory Verse -

"My God will meet all your needs."

Philippians 4:19 NIV



ACTIVITY 2

God Gives Me People to Help Me.

Fresh Bread

What You Need: Play-Doh®.

What You Do: Show the children how to make bread loaves with Play-Doh.

What You Say:

During the activity: “Come sit with me! I’m going to show you how to make bread with this Play-Doh® Yum! I love bread! Let’s pretend to make bread out of our Play-Doh®. Everyone watch and listen to what I do and say and let’s make some terrific bread together! Look! We have Play-Doh® that looks like bread.”

(After the children make some loaves.) “Let’s pretend this is fresh bread right out of the oven. Mmmm, it smells so good! I love fresh bread! Let’s count and see how many loaves we have. One, two, three ... loaves of bread!”

At the end of the activity: “Making bread is fun, but eating it is even better! A woman helps a man named Elijah, by making him some bread in our Bible lesson today.”

May Memory Verse -
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Philippians 4:19 NIV



ACTIVITY 3

God Gives Me People to Help Me.

My Needs

What You Need: A medium-sized rubber ball.

What You Do:

During the activity: Ask the children to stand with you in a circle. You will say the Memory Verse out loud, inserting a child's name in place of "your," and then toss the ball to that child. Everyone will say the verse again together, the original way with the word "your," and then the child will toss the ball back to you. Repeat this with a different child's name each time you toss the ball. Continue as long as there's interest.

What You Say:

Before the activity: "Come stand in a circle with me. I have a super fun game for us to play! I'm going to say our Memory Verse and I want you to listen very carefully for your name. If I say your name, that means I'm going to throw this ball (*hold up ball*) to you. When you catch it we will all say the verse together and then you will throw it back to me. Ready to play? (*Pause.*) Here we go!"

During the activity: "My God will meet all (*child's name*)'s needs.' Great catch, (*child's name*)! Let's say our Memory Verse all together. 'My God will meet all your needs,' Philippians 4:19. Yes, He will!" (*Move to the next child and start the sequence again.*)

At the end of the activity: "Wow! I am so proud of you! You said that verse without any mistakes! Yay! I hope you always remember that God will meet all your needs, because He wants to take care of you. **Who will take care of you? (*Pause.*) God will take care of me.**"

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ACTIVITY 4

God Gives Me People to Help Me.

Don't Drop It!

What You Need: A parachute and a medium-sized foam ball.

What You Do: Spread the parachute out on the floor and stand in a circle with the children around it. Instruct the children to bend down, pick up the edges, and stand up straight while you place the foam ball on the parachute. The goal is for the children to help one another keep the foam ball on the parachute no matter how much it gets tossed around! Make sure to say the words "help one another" as often as possible throughout the activity.

What You Say:

During the activity: "I need some friends to help me spread out this parachute. *(Assist the children in holding onto and spreading out the parachute.)* Yay! Thank you! Now let's all stand around the parachute. Good job! Bend down and grab an edge and then stand back up. Now we're ready to play! I'm going to put this ball on the parachute and we have to help each other keep it on the parachute no matter how much it gets tossed around! We CANNOT let it fall off! Got it? *(Pause.)* Okay, we have to help one another for it to work. Here we go!" *(Continue playing as long as the children are having fun.)*

At the end of the activity: "You did a wonderful job helping each other! Do you know that one of the ways God takes care of you is by giving you people to help you? It sure is! God will always take care of you. **Who will take care of you?** *(Pause.)* **God will take care of me.**"

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ACTIVITY 5

God Gives Me People to Help Me.

Hot Bread

What You Need: A cd player, fun music and a toy loaf or piece of bread.

What You Do: Sit in a circle with the children and play “Hot Potato” with the bread. You will pass the bread when the music is playing and stop passing it when the music stops. The child holding the piece of bread when the music stops has to sit in the middle of the circle as the game begins again.

What You Say:

Before the activity: “Come sit on the floor in a circle with me. I have a fun game for us to play today! When the music plays, we’ll pass this bread (*hold up bread*) around the circle. When the music stops, whoever has the bread has to come sit in the center with me. Who’s ready to play?! (*Pause.*) Let’s do it!”

During the activity: “Pass the bread to the person next to you until the music stops. (*Play the music for 15-20 seconds and then stop it.*) Who has the bread? (*Call child’s name and have him sit in the center with you.*) Let’s do it again!” (*Repeat as many times as desired.*)

At the end of the activity: “That sure was a fun game! In our Bible lesson today we heard how God took care of Elijah and some other people by making sure they had bread to eat.”

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ACTIVITY 6

God Gives Me People to Help Me.

Bread and Water Relay

What You Need: Masking tape, medium basket, empty water bottles, and toy bread slices and/or loaves.

What You Do:

Before the activity: Place the bottles and bread in two piles at the opposite end of the room and the baskets at the starting points (*create two masking tape start lines*). Divide the children into two teams and have them line up behind the starting points.

During the activity: Have the children walk, skip, jump or crawl down to collect the water and bread and fill the basket. The first team to completely fill their basket wins.

At the end of the activity: Talk about how God provided Elijah and the widow with the things they needed.

What You Say:

Before the activity: "In our lesson today God sent the woman to help Elijah and give him water to drink, and God sent Elijah to help give the woman all the food she needed. At the other end of the room there are water bottles and bread. We need to collect them and place them in the basket."

During the activity: "When I say, 'Help!' I want you to head out and collect the water and bread and put it in the basket. Ready, set, help! (*Pause.*) Wow! Great job! Did we get all the bread and water? (*Pause.*) Look around. (*Pause.*) Great job!" (*Repeat as many times as desired.*)

At the end of the activity: "Great job today, friends! You were great helpers! Today we learned how God sent the woman to help Elijah when he was thirsty and how Elijah helped the woman when she had no food. God always takes care of us! **Who will take care of you?** (*Pause.*) **God will take care of me.**"

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Our Daily Bread

What You Need: Craft Kit



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What You Do:

Give the children a craft kit and allow them to make their own magnet reminder that God will take care of them.

What You Say:

Before the activity: "Today in our lesson we talked about how the woman and Elijah made bread with the oil and flour that God provided for them. We are going to make a magnet so that we can remember our lesson and share the lesson of Elijah with others!"

At the end of the activity: "Elijah was hungry and thirsty in our lesson today and God sent someone to help him. God helps us anytime we need Him, and He wants us to be helpers, too! **Who will take care of you?** (Pause.) Absolutely! **God will take care of me!**"

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Making Bread

What You Need: “Bread” from the Activity Pages on the Website, white cardstock, brown or yellow watercolor paint, paint brushes, water and paper cups.

What You Do:

Before the activity: Copy “Bread” from the Activity Pages onto the white cardstock. Fill the paper cups 1/4 of the way full of water.

During the activity: Give the children an Activity Page and allow them to paint the bread with the watercolors.

At the end of the activity: Allow the paint to dry and send the projects home.

What You Say:

Before the activity: “Today in our lesson we talked about how the woman and Elijah made bread with the oil and flour that God provided for them. We are going to paint a picture of bread so that we can share the lesson of Elijah with others!”

During the activity: “There is a picture of bread on your paper. *(Hold up Activity Page.)* Use the paint and the paintbrush to paint the bread. Remember you will need to dip your brush in the water first before you get paint. This is a special kind of paint that needs water to work. *(As the children paint)* Awesome job!”

At the end of the activity: “Now we can let our pictures dry. Elijah was hungry and thirsty in our lesson today and God sent someone to help him. God helps us anytime we need Him, and He wants us to be helpers, too! **Who will take care of you?** *(Pause.)* Absolutely! **God will take care of me!”**

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SMALL GROUP

God Gives Me People to Help Me.

Small Group Time

What you Need: Bible, stickers, dry-erase board and marker

SMALL GROUP LEADER (SGL): "What would you do if someone asked you to give them your very last bit of food ... and you were hungry? (*Pause.*) That's exactly what happened in our Bible lesson today. God told Elijah to go see a woman for food. When Elijah got to the woman's house, she told him all she had was a little flour and a little oil. She was going to make some bread with it for her son and her and then there would be no more food. None! Elijah told her to make him some bread first. But that's not all Elijah said. He told the woman to give him some bread and then God would make sure her flour and oil never ran out! AMAZING! God promised to take care of the woman, just like He was taking care of Elijah.

"In this lesson, God gave Elijah the woman to help him. And God gave the woman Elijah to help her. God gives you people to help you, too! It's one of the ways God takes care of you. **Who will take care of you?"**

CHILDREN and SGL: "God will take care of me."

SGL: "Yes, He will! Our Memory Verse says so! It says, 'My God will meet all your needs,' Philippians 4:19. Say that with me."

CHILDREN and SGL: "My God (*push both palms up into the air*) will meet (*bring both hands together in front of you in a clap/clasp on the word 'meet'*) all (*do jazz hands from above your head down to each side*) your needs' (*jump and land with your hands on your hips and your feet planted like a cheerleader*), Philippians 4:19." (*Open hands like a book.*)

SGL: "I have some stickers for you if you want to try saying it by yourself? Great job!!!"

"Okay, it's time to pray. This time we're going to make a list of some of the people God gives us to help us. When we pray we can thank God for them!"

Write down the children's names and what they say on the dry erase board. Remember to print the words so they can recognize their names and letters.

Prayer

SGL: "Dear God, You have given us so many people to help us and we want to say thank You. (*Name of child*) wants to thank you for (*person*). (*Repeat for each child.*) You are so good, God! Thank You for taking care of us. We love You, God. In Jesus' name, amen."

May Memory Verse -

"My God will meet all your needs."

Philippians 4:19 NIV