

Basic Truth: God made me.

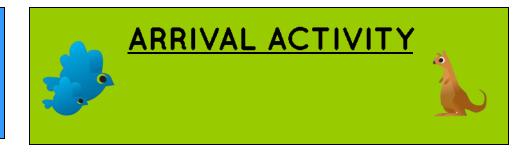
Key Question: Who makes good things? Bottom Line: God makes good things.

Memory Verse: "God saw all that he had made, and it

was very good." Genesis 1:31, NIV

Bible Story: Creation, Day 7 God Rested • Genesis 2:1-3





Wake Up!

What You Need: A fun alarm clock.

What You Do: Set the alarm clock to go off within minutes of "going to sleep." Lie down on the floor with the children, stretch, talk about how much you need rest, and then close your eyes and be very still. Have fun with it. When the alarm goes off, jump up like you are waking up. Call out a different motion for you and the children to do each time you "wake up." You could run in place, skip, jump, touch your toes, etc. After everyone has done the motion, rest some more until the alarm goes off again. Continue playing as long as the children are having fun.

What You Say:

During the activity: "Boy, I have worked so hard today! I need some rest. First, let me set our alarm clock. Will you help me listen for the alarm clock? When it rings, we have to get up. I'll just close my little eyes and rest.

When the alarm goes off: "Hey! I'm up! That rest really helped. Now I can (insert motion). Come on and (insert motion) with me!"

Time to rest again: "(Insert motion) made me need more rest. I think I'll set our alarm and rest just a little bit more. I'll just close my sleepy, little eyes and rest.

At the end of the activity: "Everyone needs rest. Your mommy needs rest. You need rest. Do you know that even God rested? He sure did! Our Bible story today is all about it."

Baby to Bed

What You Need: Dolls, baby beds, blankets, and pillows.

What You Do: Set out the dolls, beds, blankets, and pillows where the children can play independently. Encourage them to get the babies ready for bed.

What You Say: "You did such a wonderful job putting the babies to bed. They looked tired! They definitely needed rest. Today we are going to hear a Bible story about a time when God rested too. God rested and looked at all He had done. Let's get ready to hear our true story from the Bible!"







What You Need: A long piece of white art paper, tape, and markers.

What You Do: Print the memory verse down the middle of the art paper. Tape the paper to the wall at the children's eye level or to a long table. Say the Bible verse with the children several times. Make sure to include the motions. Next, ask the children to think of all the good things God makes and draw pictures of them on the paper. Walk around and help the children think of good things God makes.

What You Say:

At the start of the activity: "Our Bible verse this month says, 'God saw all that he had made, and it was very good,' Genesis 1:31. Let's say that together a few times."

During the activity: "God makes SO many good things. He makes rainbows, stars, animals, and flowers. God even made YOU! Who made you? [Basic Truth] God made me! I want us to draw as many good things that God makes on this paper. I want to cover it up with good things God makes. Because who makes good things? [Bottom Line] God makes good things!"

At the end of the activity: "Your pictures are fantastic! Let's say our Bible verse one more time while we look at all your pictures. Here we go! 'God saw all that he had made, and it was very good,' Genesis 1:31. Yay!"







What You Need: watercolor paints/tablets, paintbrushes, flower page printed on cardstock,







Read to Me



